

### **Rising Need for Care**

According to the CDC, 7% of adults age 65 or older need help with personal care such as eating, bathing, dressing and walking. And for the 65-to-74 age group, women are more likely than men to need help.

Research shows that the cost of health care and in-home care depends on the number of hours a care worker spends with an older adult. Another factor is the service type and supplies needed to ensure the older adult continues enjoying their life with dignity and independence.

Therefore, the need for in-home care is vital to older adults to promote independence and help them stay in their homes as long as possible. The In-Home Services program is here to provide this service at no cost to older adults who qualify.

For more information, please call (970) 400-6305.



Weld County Area Agency on Aging

In-Home Services

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Although there is no formal charge for Weld County AAA programs, donations are accepted for the services provided. Services are not denied to individuals who are unable to make a donation.

Be sure to check out our website, www.weldaaa.org, to sign up for our newsletter, find additional information and resources, see current events and much more!







Weld County Area Agency on Aging

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# In-Home Services Program

Dedicated to enriching the lives of Weld County older adults



### **About the Program**

The In-Home Services program provides grant funding to those age 60 and older who require assistance with personal care and/or homemaking services.

# Eligibility

- Must be 60 years old or older.
- Must be a Weld County resident.
- Must have deficits in activities of daily living or instrumental activities of daily living.

## **How the Program Works**

The coordinator of the program will assess eligibility. Once approved for the program, participants will choose from a home care agency that is contracted with the program to provide the personal care and/or homemaking service hours for which participants have been approved.





#### **Services**

Personal care and/or homemaking services may include, but are not limited to, the following:

#### Personal care service examples:

- Bathing
- Dressing
- Mobility
- Hygiene assistance

#### Homemaking service examples:

- Laundry assistance
- Dusting
- Vacuuming
- Bathroom cleaning
- Shopping
- · Meal preparation

# **Benefits of Receiving Care** at Home

In-home care is a safe solution that allows participants to stay in the comfort of their own homes and communities. In-home care provides:

- One-on-one focus and support
- Personalized care
- Companionship
- Help with day-to-day chores
- Assistance with personal hygiene
- Dietary and nutrition support
- Medication management
- Support with the older adult's ability to stay in their home
- Promotion of independence
- Access to care from qualified professionals
- A reduction in unnecessary facility or hospital care

