



For more information,
please call (970) 400-6130.



Weld County Area Agency on Aging

• Family Caregiver Support •

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Although there is no formal charge for Weld County AAA programs, donations are accepted for the services provided. Services are not denied to individuals who are unable to make a donation.

Be sure to check out our website, www.weldaaa.org, to sign up for our newsletter, find additional information and resources, see current events and much more!



Weld County Area Agency on Aging

Assistance • Advocacy • Answers on Aging

Family Caregiver Support

Help for families caring for an older adult at home



Caregiving by the Numbers

According to a 2018 study by the U.S. Dept. of Health and Human Services:

- 1 in 5 adults are caregivers
- 58% of caregivers are women
- 20% of caregivers are 65 years old or older
- 37% of caregivers are caring for a parent or parent-in-law
- Nearly 10% of caregivers are providing care to someone with dementia
- Half of all caregivers have provided care for at least two years
- 30% of caregivers have provided care for at least 20 hours per week
- 4 in 5 caregivers manage household tasks
- Over half of all caregivers assist with personal care
- 1 in 2 non-caregivers expect to become caregivers within two years

About the Program

The goal of the Family Caregiver Support program is to lessen the strain experienced by caregivers by providing information and referrals, respite assistance, connection to support groups and caregiver education classes.

Caregiver respite vouchers may be available for caregivers in an ongoing caregiver relationship with a frail (unable to perform at least two activities of daily living without substantial human assistance) individual over the age of 60, or individuals with Alzheimer's disease and related disorders with neurological and organic brain dysfunction.

Support for your family member can be provided in their home, your home, a facility or in a supportive group setting in the community. Options include:

- Adult Day Programs
- In-Home Respite Care
- Out-Home Respite Care



Eligibility for Respite Voucher

- Caregivers and care recipients must live in Weld County.
- Care recipients must be frail and over the age of 60, or individuals with Alzheimer's disease and related disorders with neurological and organic brain dysfunction.
- An in-home assessment must be completed to determine need for respite assistance.
- Respite services may be provided in the home, at an adult day program or in a long-term care setting.
- Respite services can be provided by a family member (one not living in the same home), by a friend or by a licensed service provider.
- Care recipients approved for or receiving services through the Veterans Services program or HCBS Medicaid program are not eligible to apply.

You Are Not Alone

According to the Colorado Division of Aging and Adult Services, as many as 30 million family caregivers are caring for an older adult, and an estimated 16 million care for someone who has Alzheimer's disease and related disorders with neurological and brain dysfunction.

Caregivers do everything from running errands, cooking meals and driving to doctor's appointments to assisting a loved one with personal care tasks such as bathing and dressing. Caregiving demands a lot of time and energy.

Caregiver Education Classes

Classes are offered on an ongoing basis throughout Weld County with the intent of lessening caregiver stress and gaining tools to empower caregivers. Call today for more information and to register for an upcoming class.

