Colorado State Unit on Aging

Subgroup Comparisons

CASOA

Community Assessment Survey for Older Adults™



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Survey Background

About the Community Assessment Survey for Older Adults ™

The Colorado State Unit on Aging contracted with National Research Center, Inc. (NRC) to conduct an assessment of the strengths and needs of its older residents. The Community Assessment Survey for Older Adults (CASOA™) is a statistically valid survey of older adults used by staff, elected officials and other stakeholders to plan for older adult services, programs and facilities. The ultimate goal of the assessment is to create an empowered community that supports a vibrant older adult population in the community.

The survey and its administration are standardized to assure high quality survey methods and comparable results across CASOA™ communities. Participating older adult households were selected at random and the household member who responded was selected without bias. Multiple mailings gave each household more than one prompt to participate with a self-addressed and postage paid envelope. Results were statistically weighted to reflect the proper demographic composition of older adults in the entire community.

Communities conducting $CASOA^{\text{\tiny TM}}$ can choose from a number of optional services to customize the reporting of survey results. State of Colorado's Report Subgroup Comparisons is part of a larger project for the agency and additional reports are available under separate cover.

One of the add-on options that State of Colorado chose was to have crosstabulations of survey questions by age, household composition, ethnicity, income, and gender and Area Agency on Aging (AAA). This report contains the results of these analyses.

"Don't Know" Responses

On many of the questions in the survey respondents may answer "don't know." The proportion of respondents giving this reply is shown in the full set of responses included in Appendix B of the full report. However, these responses have been removed from the analyses presented in the body of the report. In other words, the tables display the responses from respondents who had an opinion about a specific item.

Understanding the Tables

In this report, comparisons between demographic and AAA subgroups are shown. For most of the questions, we have shown only one number for each question. We have summarized responses to show only the proportion of respondents giving a certain answer; for example, the percent of respondents who rated the quality of life as "excellent" or "good," or the percent of respondents who participated in an activity at least once.

The subgroup comparison tables contain the crosstabulations of survey questions by selected respondent characteristics. Chi-square or ANOVA tests of significance were applied to these breakdowns of survey questions. A "p-value" of 0.05 or less indicates that there is less than a 5% probability that differences observed between groups are due to chance; or in other words, a greater than 95% probability that the differences observed in the selected categories of the sample represent "real" differences among those populations. Statistical testing was not performed on multiple response questions.

For each pair of subgroups that has a statistically significant difference, an upper case letter denoting significance is shown in the category with the larger column proportion. The letter denotes the category with the smaller column proportion from which it is statistically different. Differences were marked as statistically significant if the probability that the differences were due to chance alone were less than 5%. Categories were not used in comparisons when a column proportion was equal to zero or one.

Items that have no upper case letter denotation in their column and that are also not referred to in any other column were not statistically different.

It should be noted that when a table for a question that only permitted a single response does not total to exactly 100%, it is due to the common practice of percentages being rounded to the nearest whole number.

Precision of Estimates

It is customary to describe the precision of estimates made from surveys by a "level of confidence" and accompanying "confidence interval" (or margin of error). A traditional level of confidence, and the one used here, is 95%. The 95% confidence interval can be any size and quantifies the sampling error or imprecision of the survey results because some residents' opinions are relied on to estimate all residents' opinions.¹

The margin of error for the State of Colorado survey report is no greater than plus or minus 1% around any given percent and one point around any given average rating reported for all respondents (6,247 completed surveys).

Where estimates are given for subgroups, they are less precise. Generally the 95% confidence interval is plus or minus 10 percentage points for samples of 100, and for smaller sample sizes (i.e., 50), the margin of error rises to plus or minus 14%. The significance testing for the following comparisons is more precise than the general rule of thumb.

surveys, differences in question wording, order, translation and data entry, as examples, can lead to somewhat varying results.

¹ A 95% confidence interval indicates that for every 100 random samples of this many residents, 95 of the confidence intervals created will include the "true" population response. This theory is applied in practice to mean that the "true" perspective of the target population lies within the confidence interval created for a single survey. For example, if 75% of residents rate a service as "excellent" or "good," then the 4% margin of error (for the 95% confidence interval) indicates that the range of likely responses for the entire community is between 71% and 79%. This source of uncertainty is called sampling error. In addition to sampling error, other sources of error may affect any survey, including the non-response of residents with opinions different from survey responders. Though standardized on CASOA, on other

Comparisons by Age

Table I: Question I

			Colorado	
			overall	
	60 to 64	65 to 74	75 or	
Percent of respondents who rated the following as "excellent" or	years	years	over	
"good":	(A)	(B)	(C)	(A)
How do you rate your community as a place to live?	81%	85%	87%	84%
		Α	Α	
How do you rate your community as a place to retire?	58%	66%	77%	66%
		Α	АВ	

Table 2: Question 2

				Colorado
		Age		overall
	60 to 64	65 to 74	75 or	
	years	years	over	
Percent of respondents who rated the following as "excellent" or "good":	(A)	(B)	(C)	(A)
Opportunities to volunteer	76%	79%	80% A	78%
Employment opportunities	29%	34% A	35% A	33%
Opportunities to enroll in skill-building or personal enrichment classes	47%	55% A	57% A	53%
Recreation opportunities (including games, arts and library services, etc.)	72%	77% A	74%	75%
Fitness opportunities (including exercise classes and paths or trails, etc.)	75%	80% A	80% A	78%
Opportunities to attend social events or activities	62%	66% A	69% A	65%
Opportunities to attend religious or spiritual activities	76%	83% A	84% A	81%
Opportunities to attend or participate in meetings about local government or community matters	68% B C	64%	62%	65%
Availability of affordable quality housing	11%	12%	25% A B	15%
Variety of housing options	20%	22%	30% A B	23%
Availability of long-term care options	24%	29% A	46% A B	32%
Availability of daytime care options for older adults	20%	22%	40% A B	27%
Availability of information about resources for older adults	37%	38%	50% A B	41%
Availability of financial and legal planning services	34%	36%	49% A B	39%
Availability of affordable quality physical health care	29%	42% A	54% A B	41%
Availability of affordable quality mental health care	19%	27% A	38% A B	28%
Availability of preventive health services (e.g., health screenings, flu shots, educational workshops)	49%	54% A	66% A B	56%

		Age		Colorado overall
	60 to 64	65 to 74	75 or	
	years	years	over	
Percent of respondents who rated the following as "excellent" or "good":	(A)	(B)	(C)	(A)
Availability of affordable quality food	47%	54% A	66% A B	55%
Sense of community	47%	55% A	57% A	53%
Openness and acceptance of the community towards older residents of diverse backgrounds	54%	52%	59% A B	54%
Ease of travel by public transportation (bus, rail, subway) in your community	24%	28%	34% A B	28%
Ease of walking in your community	59%	61%	68% A B	62%
Ease of getting to the places you usually have to visit	62%	65%	71% A B	66%
Overall feeling of safety in your community	66%	70% A	73% A	69%
Valuing older residents in your community	50%	51%	58% A B	52%
Neighborliness of your community	50%	53%	55% A	52%
Cost of living in your community	20%	26% A	36% A B	27%
Availability of services at the senior center	45%	55% A	61% A B	54%
Quality of senior nutrition programs	38%	42%	49% A B	43%
Accessibility of long term care options that are open and accepting toward people of diverse backgrounds	20%	27% A	40% A B	29%
Accessibility of daytime care options that are open and accepting toward people of diverse backgrounds	20%	26% A	36% A B	27%

Table 3: Question 3

Table 5. Question 5					
				Colorado	
		Age		overall	
	60 to 64	65 to 74	75 or		
	years	years	over		
	(A)	(B)	(C)	(A)	
Percent of respondents who rated the overall quality of services to older	46%	52%	64%	54%	
adults as "excellent" or "good"		Α	AΒ		

Table 4: Ouestion 4

Table 4. Question 4							
				Colorado			
		Age		overall			
	60 to 64	65 to 74	75 or				
Percent of respondents who felt "somewhat" or "very" informed about	years	years	over				
the following	(A)	(B)	(C)	(A)			
Services and activities available to older adults	46%	59%	70%	57%			
		Α	AΒ				
Long term care options (i.e. nursing homes, home care)	31%	38%	54%	40%			
		Α	AΒ				
Information on planning for the future	42%	50%	51%	47%			
		Α	Α				

Table 5: Question 5

				Colorado
		Age		overall
	60 to 64	65 to 74	75 or	
	years	years	over	
Percent of respondents who rated the following as "excellent" or "good":	(A)	(B)	(C)	(A)
How do you rate your overall physical health?	74%	77%	70%	74%
	С	С		
How do you rate your overall mental health/emotional well being?	82%	88%	87%	86%
		Α	Α	
How do you rate your overall quality of life?	77%	85%	84%	82%
		Α	Α	

Table 6: Question 6

				Colorado
	(0) (1	Age	7-	overall
	60 to 64	65 to 74	75 or	
Percent of respondents who reported at least a "minor" problem with the	years	years	over	(A)
following:	(A) 25%	(B) 22%	(C) 17%	(A) 22%
Having housing to suit your needs	23% C	22% C	1/%	22%
Your physical health	56%	56%	62% A B	57%
Performing regular activities, including walking, eating and preparing meals	26%	28%	38% A B	30%
Having enough food to eat	18% B C	11%	10%	13%
Doing heavy or intense housework	46%	51% A	70% A B	54%
Having safe and affordable transportation available	27%	25%	30% B	27%
No longer being able to drive	12% B	9%	26% A B	15%
Feeling depressed	41%	38%	41%	40%
Experiencing confusion or forgetfulness	27%	29%	40% A B	31%
Maintaining your home	38%	35%	50% A B	40%
Maintaining your yard	38%	40%	54% A B	43%
Finding productive or meaningful activities to do	32%	31%	35%	32%
Having friends or family you can rely on	38% B C	28%	31%	32%
Falling or injuring yourself in your home	21%	22%	38% A B	26%
Finding affordable health insurance	54% B C	36% C	30%	41%
Getting the health care you need	46% B C	33% C	26%	36%
Affording the medications you need	38% B C	30%	29%	33%
Figuring out which medications to take and when	9%	9%	13% A B	10%
Getting the oral health care you need	37% B C	28%	25%	30%
Having tooth or mouth problems	38% C	39% C	34%	37%

		Age		Colorado overall
	60 to 64	65 to 74	75 or	
Percent of respondents who reported at least a "minor" problem with the	years	years	over	
following:	(A)	(B)	(C)	(A)
Getting the vision care you need	31%	28%	24%	28%
6 /	С	С		
Having enough money to meet daily expenses	48%	37%	31%	39%
	ВС	С		
Having enough money to pay your property taxes	24%	24%	23%	24%
Staying physically fit	53%	52%	59%	54%
7 61 7 7			ΑВ	
Maintaining a healthy diet	49%	41%	40%	43%
6 /	ВС			
Having interesting recreational or cultural activities to attend	42%	42%	44%	43%
Having interesting social events or activities to attend	47%	45%	45%	46%
Feeling bored	44%	36%	42%	40%
•	В	22,2	В	.576
Feeling like your voice is heard in the community	56%	59%	54%	57%
• /		C		2. 70
Finding meaningful volunteer work	36%	32%	30%	32%
0 0 0 0	C			
Feeling physically burdened by providing care for another person	24%	21%	23%	22%
Feeling emotionally burdened by providing care for another person	27%	24%	25%	25%
r com g chronomin, can achiev by promaining can once amount porcess	В		2070	2070
Feeling financially burdened by providing care for another person	22%	18%	19%	19%
. com 8 mandam, car across of brother 8 cm o to another person	В		,	,5
Feeling overwhelmed and/or exhausted when caring for another person	28%	26%	27%	27%
Dealing with legal issues	35%	31%	35%	33%
Having adequate information or dealing with public programs such as Social	56%	45%	40%	47%
Security, Medicare and Medicaid	ВС	С		
Finding work in retirement	42%	32%	22%	33%
	ВС	C		
Building skills for paid or unpaid work	37%	24%	23%	29%
Zaman 8 amin 19. hand 9. ampana 11.0111	ВС	2.75	2070	
Not knowing what services are available to older adults in your community	66%	60%	51%	60%
	ВС	С		
Feeling lonely or isolated	34%	31%	37%	33%
8 /			В	
Dealing with the loss of a close family member or friend	38%	35%	43%	37%
,			АВ	
Being a victim of crime	15%	12%	15%	14%
	В			
Being a victim of fraud or a scam	17%	18%	22%	19%
-			AΒ	
Being physically or emotionally abused	6%	6%	10%	7%
, , ,			АВ	
Dealing with financial planning issues	51%	33%	34%	39%
	ВС			
Being treated unfairly or discriminated against because of your age	34%	26%	25%	28%

Table 7: Question 7

		Age				
	60 to 64 years	65 to 74 years	75 or over			
Percent of respondents who spent at least 1 day	(A)	(B)	(C)	(A)		
As a patient in a hospital	17%	19%	30%	21%		
			AB			
In a nursing home or in-patient rehabilitation facility	1%	1%	9%	3%		
			AB			

Table 8: Question 8

			Colorado	
			overall	
	60 to 64	65 to 74	75 or	
	years	years	over	
	(A)	(B)	(C)	(A)
Percent of respondents who had at least 1 fall in the past 12	32%	32%	42%	34%
months			AΒ	

Table 9: Question 9

	Age			Colorado overall
	60 to 64	65 to 74	75 or	
	years	years	over	
	(A)	(B)	(C)	(A)
Percent of respondents "somewhat" or "very" likely to recommend living	63%	74%	78%	71%
in community		Α	Α	

Table 10: Question 10

		Age		Colorado overall
	60 to 64	65 to 74	75 or	
	years	years	over	
	(A)	(B)	(C)	(A)
Percent of respondents "somewhat" or "very" likely to remain in community	66%	82%	90%	78%
throughout their retirement		Α	A B	

Table II: Question II

	Age			Colorado overall
	60 to 64	65 to 74	75 or	
Percent of respondents who participated in or did the following at	years	years	over	
least once:	(A)	(B)	(C)	(A)
Used a senior center in your community	13%	20%	31%	20%
		Α	AΒ	
Used a recreation center in your community	35%	38%	33%	36%
		С		
Used a public library in your community	54%	57%	53%	55%
Used bus, rail, subway or other public transportation instead of driving	22%	22%	16%	20%
	С	С		
Visited a neighborhood park	72%	71%	58%	68%
	С	С		
Attended a local public meeting	31%	36%	30%	33%
		AC		

		Age		Colorado overall
	60 to 64	65 to 74	75 or	
Percent of respondents who participated in or did the following at	years	years	over	
least once:	(A)	(B)	(C)	(A)
Watched (online or on television) a local public meeting	13%	18%	24%	18%
		Α	AΒ	

Table 12: Question 12

		Age			
	60 to 64 years	65 to 74 years	75 or over		
Percent of respondents who provided at least 1 hour of care to	(A)	(B)	(C)	(A)	
One or more individuals age 60 or older	27%	30%	33%	30%	
			Α		
One or more individuals age 18 to 59	20%	13%	12%	16%	
	ВС				
One or more individuals under age 18	20%	18%	9%	16%	
	С	С			

Table 13: Question 13

		Age		Colorado overall
	60 to 64	65 to 74	75 or	
Percent of respondents who spent at least 1 hour doing the	years	years	over	
following:	(A)	(B)	(C)	(A)
Participating in a club (including book, dance, game and other social)	24%	32%	40%	31%
		Α	AΒ	
Participating in a civic group (including Elks, Kiwanis, Masons, etc.)	10%	10%	12%	10%
Communicating/ visiting with friends and/or family	95%	93%	91%	93%
	ВС	С		
Participating in religious or spiritual activities with others	39%	48%	60%	48%
		Α	AΒ	
Participating in a recreation program or group activity	40%	45%	46%	43%
		Α	Α	
Providing help to friends or relatives	80%	82%	74%	79%
	С	С		
Volunteering your time to some group/activity in your community	34%	37%	44%	38%
			АВ	

Table 14: Question 14

Table 14: Question 14					
				Colorado	
		Age			
	60 to 64	65 to 74	75 or		
Percent of respondents who "always" or "usually" do each of the	years	years	over		
following:	(A)	(B)	(C)	(A)	
Eat at least 5 portions of fruits and vegetables a day	34%	37%	39%	37%	
			Α		
Participate in moderate or vigorous physical activity	50%	52%	47%	50%	
		С			
Receive assistance from someone almost every day	19%	24%	35%	25%	
		Α	AΒ		
Vote in local elections	86%	89%	90%	88%	
		Α	Α		

Table 15: Question 15

				AAA
		Age		overall
	60 to 64	65 to 74	75 or	
	years	years	over	
Percent of respondents who do each of the following at least monthly	(A)	(B)	(C)	(A)
Use email, texting or video to communicate	93% B C	87% C	69%	85%
Use social media (Facebook, Twitter, LinkedIn)	60%	48%	32%	48%
	ВС	C	5275	.575
Get the news or weather	90%	86%	77%	85%
	B C	C		
Shop, search for products and services	81% B C	77% C	60%	74%
Research or study a topic of interest	85%	79%	59%	76%
	ВС	С		
Share opinions, post to a blog, review a product or service	29% C	31% C	22%	28%
Attend an online class or training	17% B C	9% C	5%	11%
Work from home	30% B C	22% C	11%	22%
Banking online (paying bills, investing, etc.)	75% B C	63% C	45%	62%
Find info on community resources and events	52% B C	48% C	36%	46%
If you have a question, use Internet to the find the answer	83% B C	80% C	55%	75%
Engage in civic activities (participate in a discussion about community and government issues; research information about an issue or a candidate)	20%	22% C	18%	21%
Look up health and medical information	57% C	55% C	44%	53%
Communicate with government (seek services, get a license, discuss a problem)	14% C	15% C	9%	13%
Sell goods and services online, advertise	8% C	8% C	3%	7%
Find directions or look up a map	75% B C	65% C	45%	63%

Table 16: Question 16

	Age			Colorado overall
	60 to 64	65 to 74	75 or	
Percent of respondents who feel "very" or "somewhat" comfortable doing	years	years	over	
each of the following:	(A)	(B)	(C)	(A)
Using a computer laptop/desktop	96%	92%	82%	91%
	ВС	С		
Using smartphone or tablet computer	91%	87%	74%	86%
	ВС	С		
Accessing the Internet	96%	93%	84%	92%
	ВС	С		
Using email	96%	93%	86%	93%
	ВС	С		
Locating information online (bus schedules, weather, news, etc.)	93%	90%	79%	89%
	ВС	С		
Using social networking sites (Facebook, Twitter, etc.)	80%	72%	59%	73%
	ВС	С		

Comparisons by Ethnicity

Table 17: Question I

	Н	AAA overall	
	Hispanic		
Percent of respondents who rated the following as "excellent" or "good":	(A)	(B)	(A)
How do you rate your community as a place to live?	68%	86%	84%
		Α	
How do you rate your community as a place to retire?	46%	68%	66%
		Α	

Table 18: Question 2

			AAA
	His	spanic	overall
		Not	
	Hispanic	Hispanic	
Percent of respondents who rated the following as "excellent" or "good":	(A)	(B)	(A)
Opportunities to volunteer	73%	79%	78%
		A	
Employment opportunities	39%	32%	33%
	В	= 404	
Opportunities to enroll in skill-building or personal enrichment classes	41%	54% A	53%
Recreation opportunities (including games, arts and library services, etc.)	60%	76%	75%
		Α	
Fitness opportunities (including exercise classes and paths or trails, etc.)	68%	79%	78%
		Α	
Opportunities to attend social events or activities	62%	66%	65%
Opportunities to attend religious or spiritual activities	78%	81%	81%
Opportunities to attend or participate in meetings about local government or community	61%	66%	65%
matters		Α	
Availability of affordable quality housing	16%	15%	15%
Variety of housing options	17%	24%	23%
		Α	
Availability of long-term care options	28%	32%	32%
Availability of daytime care options for older adults	23%	27%	27%
Availability of information about resources for older adults	41%	41%	41%
Availability of financial and legal planning services	42%	39%	39%
Availability of affordable quality physical health care	26%	42% A	41%
Availability of affordable quality mental health care	21%	28%	28%
		Α	
Availability of preventive health services (e.g., health screenings, flu shots, educational workshops)	56%	56%	56%
Availability of affordable quality food	41%	56%	55%
, , , , , , , , , , , , , , , , , , , ,		Α	
Sense of community	46%	54%	53%
		Α	
Openness and acceptance of the community towards older residents of diverse backgrounds	45%	55%	54%
· · · · · · · · · · · · · · · · · · ·		Α	
Ease of travel by public transportation (bus, rail, subway) in your community	29%	28%	28%
Ease of walking in your community	57%	62%	62%
		Α	

			AAA
	His	spanic	overall
		Not	
	Hispanic	Hispanic	
Percent of respondents who rated the following as "excellent" or "good":	(A)	(B)	(A)
Ease of getting to the places you usually have to visit	57%	67%	66%
		Α	
Overall feeling of safety in your community	54%	71%	69%
		Α	
Valuing older residents in your community	41%	54%	52%
		Α	
Neighborliness of your community	48%	53%	52%
		Α	
Cost of living in your community	29%	27%	27%
Availability of services at the senior center	56%	54%	54%
Quality of senior nutrition programs	52%	42%	43%
	В		
Accessibility of long term care options that are open and accepting toward people of diverse backgrounds	25%	29%	29%
Accessibility of daytime care options that are open and accepting toward people of diverse backgrounds	29%	27%	27%

Table 19: Question 3

			AAA
	Hi	spanic	overall
		Not	
	Hispanic	Hispanic	
	(A)	(B)	(A)
Percent of respondents who rated the overall quality of services to older adults as "excellent"	47%	54%	54%
or "good"		Α	

Table 20: Question 4

	Hispanic		AAA overall
	Hispanic	Not Hispanic	
Percent of respondents who felt "somewhat" or "very" informed about the following	(A)	(B)	(A)
Services and activities available to older adults	57%	57%	57%
Long term care options (i.e. nursing homes, home care)	31%	41%	40%
		Α	
Information on planning for the future	37%	48%	47%
		Α	

Table 21: Question 5

Table 21. Question 3					
	Hispanic		AAA overall		
	Hispanic	Not Hispanic			
Percent of respondents who rated the following as "excellent" or "good":	(A)	(B)	(A)		
How do you rate your overall physical health?	63%	75%	74%		
		Α			
How do you rate your overall mental health/emotional well being?	82%	86%	86%		
		Α			
How do you rate your overall quality of life?	73%	83%	82%		
		Α			

Table 22: Question 6

	Hispanic	Hispanic	
		Not	overall
	Hispanic	Hispanic	
Percent of respondents who reported at least a "minor" problem with the following:	(A)	(B)	(A)
Having housing to suit your needs	35% B	20%	22%
Your physical health	68% B	56%	57%
Performing regular activities, including walking, eating and preparing meals	35% B	29%	30%
Having enough food to eat	29% B	11%	13%
Doing heavy or intense housework	61% B	53%	54%
Having safe and affordable transportation available	42% B	25%	27%
No longer being able to drive	20% B	14%	15%
Feeling depressed	51% B	39%	40%
Experiencing confusion or forgetfulness	31%	31%	31%
Maintaining your home	49% B	39%	40%
Maintaining your yard	48% B	42%	43%
Finding productive or meaningful activities to do	36% B	32%	32%
Having friends or family you can rely on	38% B	31%	32%
Falling or injuring yourself in your home	39% B	24%	26%
Finding affordable health insurance	57% B	39%	41%
Getting the health care you need	47% B	35%	36%
Affording the medications you need	48% B	31%	33%
Figuring out which medications to take and when	21% B	9%	10%
Getting the oral health care you need	53% B	28%	30%
Having tooth or mouth problems	51% B	36%	37%
Getting the vision care you need	47% B	25%	28%
Having enough money to meet daily expenses	61% B	37%	39%
Having enough money to pay your property taxes	40% B	22%	24%
Staying physically fit	56%	53%	54%
Maintaining a healthy diet	51% B	42%	43%
Having interesting recreational or cultural activities to attend	52% B	41%	43%
Having interesting social events or activities to attend	57% B	44%	46%

			AAA
	His	spanic	overall
	Hiener:	Not	
Descent of secondarity who secondarity at least a "seinos" assistant with the following	Hispanic	Hispanic	(A)
Percent of respondents who reported at least a "minor" problem with the following:	(A) 45%	(B) 40%	(A) 40%
Feeling bored	45% B	40%	40%
Feeling like your voice is heard in the community	60%	56%	57%
Finding meaningful volunteer work	46% B	30%	32%
Feeling physically burdened by providing care for another person	27% B	22%	22%
Feeling emotionally burdened by providing care for another person	27%	25%	25%
Feeling financially burdened by providing care for another person	27% B	19%	19%
Feeling overwhelmed and/or exhausted when caring for another person	21%	27% A	27%
Dealing with legal issues	56% B	31%	33%
Having adequate information or dealing with public programs such as Social Security, Medicare and Medicaid	67% B	45%	47%
Finding work in retirement	58% B	30%	33%
Building skills for paid or unpaid work	53% B	26%	29%
Not knowing what services are available to older adults in your community	55%	60% A	60%
Feeling lonely or isolated	43% B	33%	33%
Dealing with the loss of a close family member or friend	55% B	36%	37%
Being a victim of crime	21% B	13%	14%
Being a victim of fraud or a scam	27% B	18%	19%
Being physically or emotionally abused	17% B	6%	7%
Dealing with financial planning issues	57% B	37%	39%
Being treated unfairly or discriminated against because of your age	42% B	27%	28%

Table 23: Question 7

Table 23: Question 7						
	ŀ	Hispanic				
	Hispanic	Not Hispanic				
Percent of respondents who spent at least 1 day	(A)	(B)	(A)			
As a patient in a hospital	32%	20%	21%			
	В					
In a nursing home or in-patient rehabilitation facility	2%	3%	3%			

Table 24: Question 8

	Н	AAA overall	
	Hispanic	Not Hispanic	
	(A)	(B)	(A)
Percent of respondents who had at least 1 fall in the past 12 months	48%	33%	34%
	В		

Table 25: Question 9

	Hispanic		AAA overall
	Hispanic	Not Hispanic	
	(A)	(B)	(A)
Percent of respondents "somewhat" or "very" likely to recommend living in community	72%	71%	71%

Table 26: Question 10

			AAA
	Hispanic		overall
	Hispanic	Not Hispanic	
	(A)	(B)	(A)
Percent of respondents "somewhat" or "very" likely to remain in community throughout their	80%	78%	78%
retirement			

Table 27: Question II

	Hispanic		AAA overall
	Hispanic	Not Hispanic	
Percent of respondents who participated in or did the following at least once:	(A)	(B)	(A)
Used a senior center in your community	35%	19%	20%
	В		
Used a recreation center in your community	44%	35%	36%
	В		
Used a public library in your community	50%	56%	55%
		Α	
Used bus, rail, subway or other public transportation instead of driving	23%	20%	20%
Visited a neighborhood park	63%	68%	68%
		Α	
Attended a local public meeting	31%	33%	33%
Watched (online or on television) a local public meeting	20%	18%	18%

Table 28: Question 12

	Н	Hispanic	
	Hispanic	Not Hispanic	
Percent of respondents who provided at least I hour of care to	(A)	(B)	(A)
One or more individuals age 60 or older	29%	30%	30%
One or more individuals age 18 to 59	21%	15%	16%
-	В		
One or more individuals under age 18	25%	16%	16%
-	В		

Table 29: Question 13

	Hispanic	Hispanic		
	Hispanic	Not Hispanic		
Percent of respondents who spent at least 1 hour doing the following:	(A)	(B)	(A)	
Participating in a club (including book, dance, game and other social)	29%	32%	31%	
Participating in a civic group (including Elks, Kiwanis, Masons, etc.)	17%	9%	10%	
	В			
Communicating/ visiting with friends and/or family	79%	95%	93%	
		Α		
Participating in religious or spiritual activities with others	59%	46%	48%	
	В			
Participating in a recreation program or group activity	38%	44%	43%	
		Α		
Providing help to friends or relatives	82%	79%	79%	
Volunteering your time to some group/activity in your community	37%	38%	38%	

Table 30: Question 14

	H	Hispanic		
	Hispanic	Not Hispanic		
Percent of respondents who "always" or "usually" do each of the following:	(A)	(B)	(A)	
Eat at least 5 portions of fruits and vegetables a day	24%	38% A	37%	
Participate in moderate or vigorous physical activity	43%	50% A	50%	
Receive assistance from someone almost every day	28%	25%	25%	
Vote in local elections	84%	89% A	88%	

Table 31: Question 15

			AAA
	His	Hispanic	
		Not	
	Hispanic	Hispanic	(A)
Percent of respondents who do each of the following at least monthly	(A)	(B)	(A)
Use email, texting or video to communicate	71%	86% A	85%
Use social media (Facebook, Twitter, LinkedIn)	39%	49% A	48%
Get the news or weather	77%	86% A	85%
Shop, search for products and services	59%	76% A	74%
Research or study a topic of interest	69%	77% A	76%
Share opinions, post to a blog, review a product or service	26%	29%	28%
Attend an online class or training	6%	11% A	11%
Work from home	7%	24% A	22%
Banking online (paying bills, investing, etc.)	48%	64% A	62%
Find info on community resources and events	38%	47% A	46%
If you have a question, use Internet to the find the answer	58%	77% A	75%
Engage in civic activities (participate in a discussion about community and government issues; research information about an issue or a candidate)	12%	22% A	21%
Look up health and medical information	46%	54% A	53%
Communicate with government (seek services, get a license, discuss a problem)	11%	13%	13%
Sell goods and services online, advertise	4%	7% A	7%
Find directions or look up a map	51%	65% A	63%

Table 32: Question 16

*			AAA
	Hi	Hispanic	
		Not	
Percent of respondents who feel "very" or "somewhat" comfortable doing each of the	Hispanic	Hispanic	
following:	(A)	(B)	(A)
Using a computer laptop/desktop	81%	92% A	91%
Using smartphone or tablet computer	81%	87% A	86%
Accessing the Internet	76%	94% A	92%
Using email	80%	94% A	93%
Locating information online (bus schedules, weather, news, etc.)	73%	90% A	89%
Using social networking sites (Facebook, Twitter, etc.)	58%	74% A	73%

Comparisons by Household Composition

Table 33: Question I

	Househo	old composition	Colorado overall
	Lives alone	Lives with others	
Percent of respondents who rated the following as "excellent" or "good":	(A)	(B)	(A)
How do you rate your community as a place to live?	80%	86%	84%
		Α	
How do you rate your community as a place to retire?	62%	68%	66%
		Α	

Table 34: Question 2

			Colorado
	Household	composition	overall
	Lives	Lives with	
	alone	others	
Percent of respondents who rated the following as "excellent" or "good":	(A)	(B)	(A)
Opportunities to volunteer	75%	80% A	78%
Employment opportunities	28%	35% A	33%
Opportunities to enroll in skill-building or personal enrichment classes	50%	54% A	53%
Recreation opportunities (including games, arts and library services, etc.)	72%	76% A	75%
Fitness opportunities (including exercise classes and paths or trails, etc.)	75%	80% A	78%
Opportunities to attend social events or activities	62%	67% A	65%
Opportunities to attend religious or spiritual activities	77%	83% A	81%
Opportunities to attend or participate in meetings about local government or community matters	61%	67% A	65%
Availability of affordable quality housing	17% B	14%	15%
Variety of housing options	20%	25% A	23%
Availability of long-term care options	31%	32%	329
Availability of daytime care options for older adults	30% B	24%	279
Availability of information about resources for older adults	41%	41%	419
Availability of financial and legal planning services	34%	42% A	399
Availability of affordable quality physical health care	42%	40%	419
Availability of affordable quality mental health care	31% B	25%	289
Availability of preventive health services (e.g., health screenings, flu shots, educational workshops)	54%	57%	569
Availability of affordable quality food	51%	57% A	559
Sense of community	50%	55% A	539
Openness and acceptance of the community towards older residents of diverse backgrounds	50%	58% A	549

CASOA[™] Subgroup Comparisons

			Colorado
	Household composition or	Household composition	
	Lives	Lives with	
	alone	others	
Percent of respondents who rated the following as "excellent" or "good":	(A)	(B)	(A)
Ease of travel by public transportation (bus, rail, subway) in your community	31%	26%	28%
	В		
Ease of walking in your community	59%	63%	62%
5		Α	
Ease of getting to the places you usually have to visit	63%	67%	66%
		Α	
Overall feeling of safety in your community	66%	72%	69%
3 , , , ,		Α	
Valuing older residents in your community	49%	54%	52%
· , ,		Α	
Neighborliness of your community	48%	55%	52%
5 , ,		Α	
Cost of living in your community	26%	27%	27%
Availability of services at the senior center	52%	56%	54%
,		Α	
Quality of senior nutrition programs	42%	44%	43%
Accessibility of long term care options that are open and accepting toward people of	31%	26%	29%
diverse backgrounds	В		
Accessibility of daytime care options that are open and accepting toward people of	29%	25%	27%
diverse backgrounds			_, , ,

Table 35: Question 3

Table 33. Question 3			
			Colorado
	Househol	ld composition	overall
	Lives	Lives with	
	alone	others	
	(A)	(B)	(A)
Percent of respondents who rated the overall quality of services to older adults as	52%	55%	54%
"excellent" or "good"			

Table 36: Question 4

145.0 30. Q405.001 1			
			Colorado
	Househo	Household composition	
	Lives	Lives with	
Percent of respondents who felt "somewhat" or "very" informed about the	alone	others	
following	(A)	(B)	(A)
Services and activities available to older adults	57%	57%	57%
Long term care options (i.e. nursing homes, home care)	40%	40%	40%
Information on planning for the future	43%	49%	47%
•		Α	

Table 37: Ouestion 5

Table 37: Question 5						
	Househo	old composition	Colorado overall			
	Lives alone	Lives with others				
Percent of respondents who rated the following as "excellent" or "good":	(A)	(B)	(A)			
How do you rate your overall physical health?	68%	78%	74%			
		Α				
How do you rate your overall mental health/emotional well being?	82%	88%	86%			
		Α				

	Househo	old composition	Colorado overall
	Lives alone Lives with others		
Percent of respondents who rated the following as "excellent" or "good":	(A)	(B)	(A)
How do you rate your overall quality of life?	76%	86%	82%
		Α	

Table 38: Question 6

Table 38: Question 6			Calarrel
	I Ia It . I	1	Colorado
		composition	overall
	Lives	Lives with	
Decree of the control	alone	others	(4)
Percent of respondents who reported at least a "minor" problem with the following:	(A)	(B)	(A)
Having housing to suit your needs	27% B	18%	22%
Your physical health	62% B	55%	57%
Performing regular activities, including walking, eating and preparing meals	36% B	26%	30%
Having enough food to eat	19% B	10%	13%
Doing heavy or intense housework	61% B	49%	54%
Having safe and affordable transportation available	33% B	24%	27%
No longer being able to drive	20% B	11%	15%
Feeling depressed	48% B	35%	40%
Experiencing confusion or forgetfulness	36% B	28%	31%
Maintaining your home	44% B	37%	40%
Maintaining your yard	45% B	41%	43%
Finding productive or meaningful activities to do	37% B	30%	32%
Having friends or family you can rely on	41% B	27%	32%
Falling or injuring yourself in your home	30% B	23%	26%
Finding affordable health insurance	37%	43% A	41%
Getting the health care you need	37%	35%	36%
Affording the medications you need	34% B	31%	33%
Figuring out which medications to take and when	11% B	9%	10%
Getting the oral health care you need	35% B	27%	30%
Having tooth or mouth problems	42% B	35%	37%
Getting the vision care you need	31% B	25%	28%
Having enough money to meet daily expenses	46% B	36%	39%
	25%	23%	24%

			Colorado
		composition	overall
	Lives	Lives with	
Developed and a second section of the second section of the sectio	alone	others	(A)
Percent of respondents who reported at least a "minor" problem with the following:	(A) 57%	(B) 52%	(A)
Staying physically fit	5/% B	52%	54%
Maintaining a healthy diet	47% B	40%	43%
Having interesting recreational or cultural activities to attend	49% B	39%	43%
Having interesting social events or activities to attend	53% B	42%	46%
Feeling bored	48% B	35%	40%
Feeling like your voice is heard in the community	60% B	55%	57%
Finding meaningful volunteer work	34% B	31%	32%
Feeling physically burdened by providing care for another person	17%	25% A	22%
Feeling emotionally burdened by providing care for another person	19%	28% A	25%
Feeling financially burdened by providing care for another person	13%	22% A	19%
Feeling overwhelmed and/or exhausted when caring for another person	21%	30% A	27%
Dealing with legal issues	38% B	31%	33%
Having adequate information or dealing with public programs such as Social Security, Medicare and Medicaid	48%	47%	47%
Finding work in retirement	33%	33%	33%
Building skills for paid or unpaid work	30%	27%	29%
Not knowing what services are available to older adults in your community	64% B	57%	60%
Feeling lonely or isolated	50% B	24%	33%
Dealing with the loss of a close family member or friend	48% B	32%	37%
Being a victim of crime	18% B	12%	14%
Being a victim of fraud or a scam	21% B	17%	19%
Being physically or emotionally abused	8%	7%	7%
Dealing with financial planning issues	42% B	38%	39%
Being treated unfairly or discriminated against because of your age	35% B	25%	28%

Table 39: Question 7

	Househo	Colorado overall	
	Lives alone Lives with others		
Percent of respondents who spent at least 1 day	(A)	(B)	(A)
As a patient in a hospital	21%	21%	21%
In a nursing home or in-patient rehabilitation facility	4%	2%	3%
	В		

Table 40: Question 8

	Househo	Colorado overall	
	Lives alone Lives with others		
	(A)	(B)	(A)
Percent of respondents who had at least 1 fall in the past 12 months	39%	31%	34%
	В		

Table 41: Question 9

	Househo	ld composition	Colorado overall
	Lives	Lives with	
	alone	others	
	(A)	(B)	(A)
Percent of respondents "somewhat" or "very" likely to recommend living in	68%	72%	71%
community		Α	

Table 42: Question 10

			Colorado
	Househo	ld composition	overall
	Lives	Lives with	
	alone	others	
	(A)	(B)	(A)
Percent of respondents "somewhat" or "very" likely to remain in community	78%	78%	78%
throughout their retirement			

Table 43: Question II

	Househo	Colorado overall	
	Lives alone	Lives with others	
Percent of respondents who participated in or did the following at least once:	(A)	(B)	(A)
Used a senior center in your community	23%	19%	20%
	В		
Used a recreation center in your community	29%	40%	36%
		Α	
Used a public library in your community	50%	59%	55%
		Α	
Used bus, rail, subway or other public transportation instead of driving	22%	20%	20%
Visited a neighborhood park	60%	72%	68%
		Α	
Attended a local public meeting	27%	37%	33%
		Α	
Watched (online or on television) a local public meeting	22%	16%	18%
	В		

Table 44: Question 12

	Househo	old composition	Colorado overall
	Lives alone	Lives with others	COIOI ado overail
	Lives alone	Lives with others	
Percent of respondents who provided at least 1 hour of care to	(A)	(B)	(A)
One or more individuals age 60 or older	24%	33%	30%
		Α	
One or more individuals age 18 to 59	9%	20%	16%
		Α	
One or more individuals under age 18	9%	21%	16%
		Α	

Table 45: Ouestion 13

	Househo	Household composition		
	Lives alone	Lives with others		
Percent of respondents who spent at least 1 hour doing the following:	(A)	(B)	(A)	
Participating in a club (including book, dance, game and other social)	32%	31%	31%	
Participating in a civic group (including Elks, Kiwanis, Masons, etc.)	7%	12% A	10%	
Communicating/ visiting with friends and/or family	92%	95% A	93%	
Participating in religious or spiritual activities with others	44%	50% A	48%	
Participating in a recreation program or group activity	42%	45%	43%	
Providing help to friends or relatives	76%	82% A	79%	
Volunteering your time to some group/activity in your community	34%	40% A	38%	

Table 46: Question 14

Table 10. Question 1					
	Househo	Colorado overall			
	Lives alone	Lives with others			
Percent of respondents who "always" or "usually" do each of the following:	(A)	(B)	(A)		
Eat at least 5 portions of fruits and vegetables a day	38%	36%	37%		
Participate in moderate or vigorous physical activity	49%	51%	50%		
Receive assistance from someone almost every day	27%	24%	25%		
	В				
Vote in local elections	87%	89%	88%		
		Α			

Table 47: Question 15

			AAA
	Household	Household composition	
	Lives	Lives with	
	alone	others	
Percent of respondents who do each of the following at least monthly	(A)	(B)	(A)
Use email, texting or video to communicate	77%	89% A	85%
Use social media (Facebook, Twitter, LinkedIn)	41%	53% A	48%
Get the news or weather	80%	89% A	85%
Shop, search for products and services	66%	79% A	74%
Research or study a topic of interest	68%	82% A	76%
Share opinions, post to a blog, review a product or service	28%	29%	28%
Attend an online class or training	9%	12% A	11%
Work from home	16%	25% A	22%
Banking online (paying bills, investing, etc.)	52%	68% A	62%
Find info on community resources and events	38%	52% A	46%
If you have a question, use Internet to the find the answer	64%	82% A	75%
Engage in civic activities (participate in a discussion about community and government issues; research information about an issue or a candidate)	20%	21%	21%
Look up health and medical information	45%	58% A	53%
Communicate with government (seek services, get a license, discuss a problem)	12%	15% A	13%
Sell goods and services online, advertise	4%	8% A	7%
Find directions or look up a map	52%	70% A	63%

Table 48: Question 16

			Colorado
	Household composition		overall
	Lives	Lives with	
Percent of respondents who feel "very" or "somewhat" comfortable doing each of	alone	others	
the following:	(A)	(B)	(A)
Using a computer laptop/desktop	90%	92%	91%
		Α	
Using smartphone or tablet computer	83%	88%	86%
		Α	
Accessing the Internet	92%	93%	92%
Using email	92%	93%	93%
Locating information online (bus schedules, weather, news, etc.)	86%	90%	89%
,		Α	
Using social networking sites (Facebook, Twitter, etc.)	72%	73%	73%

Comparisons by Income Status

Table 49: Question I

	Low income	e household	Colorado overall	
	No	Yes		
Percent of respondents who rated the following as "excellent" or "good":	(A)	(B)	(A)	
How do you rate your community as a place to live?	86%	70%	84%	
	В			
How do you rate your community as a place to retire?	69%	51%	66%	
	В			

Table 50: Question 2

	Low inc		Colorado
	house		overall
	No	Yes	(4)
Percent of respondents who rated the following as "excellent" or "good":	(A)	(B)	(A)
Opportunities to volunteer	81% B	63%	78%
Employment opportunities	34% B	25%	33%
Opportunities to enroll in skill-building or personal enrichment classes	55% B	35%	53%
Recreation opportunities (including games, arts and library services, etc.)	77% B	58%	75%
Fitness opportunities (including exercise classes and paths or trails, etc.)	80% B	64%	78%
Opportunities to attend social events or activities	67% B	55%	65%
Opportunities to attend religious or spiritual activities	84% B	65%	81%
Opportunities to attend or participate in meetings about local government or community matters	67% B	52%	65%
Availability of affordable quality housing	15%	16%	15%
Variety of housing options	25% B	15%	23%
Availability of long-term care options	33% B	25%	32%
Availability of daytime care options for older adults	27% B	22%	27%
Availability of information about resources for older adults	43% B	32%	41%
Availability of financial and legal planning services	41% B	29%	39%
Availability of affordable quality physical health care	42% B	30%	41%
Availability of affordable quality mental health care	27%	28%	28%
Availability of preventive health services (e.g., health screenings, flu shots, educational workshops)	57% B	48%	56%
Availability of affordable quality food	58% B	38%	55%
Sense of community	56% B	37%	53%
Openness and acceptance of the community towards older residents of diverse backgrounds	58% B	36%	54%

	Low income household			Colorado overall
	No	Yes		
Percent of respondents who rated the following as "excellent" or "good":	(A)	(B)	(A)	
Ease of travel by public transportation (bus, rail, subway) in your community	27%	32% A	28%	
Ease of walking in your community	63% B	54%	62%	
Ease of getting to the places you usually have to visit	67% B	55%	66%	
Overall feeling of safety in your community	72% B	55%	69%	
Valuing older residents in your community	55% B	39%	52%	
Neighborliness of your community	55% B	38%	52%	
Cost of living in your community	28% B	19%	27%	
Availability of services at the senior center	56% B	45%	54%	
Quality of senior nutrition programs	46% B	33%	43%	
Accessibility of long term care options that are open and accepting toward people of diverse backgrounds	28%	29%	29%	
Accessibility of daytime care options that are open and accepting toward people of diverse backgrounds	27%	25%	27%	

Table 51: Question 3

	Low in	ncome	Colorado
	house	ehold	overall
	No	Yes	
	(A)	(B)	(A)
Percent of respondents who rated the overall quality of services to older adults as	56%	40%	54%
"excellent" or "good"	В		

Table 52: Question 4

THE COLUMN TO TH					
	Low income household		Colorado overall		
	No	Yes			
Percent of respondents who felt "somewhat" or "very" informed about the following	(A)	(B)	(A)		
Services and activities available to older adults	59%	47%	57%		
	В				
Long term care options (i.e. nursing homes, home care)	41%	33%	40%		
	В				
Information on planning for the future	50%	29%	47%		
	В				

Table 53: Question 5

Table 55: Question 5					
	Low income household		Colorado overall		
	No	Yes			
Percent of respondents who rated the following as "excellent" or "good":	(A)	(B)	(A)		
How do you rate your overall physical health?	79%	46%	74%		
	В				
How do you rate your overall mental health/emotional well being?	88%	71%	86%		
	В				
How do you rate your overall quality of life?	86%	63%	82%		
	В				

Table 54: Question 6

			Colorado
	household overall		
Percent of respondents who reported at least a "minor" problem with the following:	(A)	Yes (B)	(A)
Having housing to suit your needs	18%	40%	(A)
Traving flousing to suit your fleeds	1070	Α	2270
Your physical health	54%	73%	57%
' '		Α	
Performing regular activities, including walking, eating and preparing meals	25%	54%	30%
		A	
Having enough food to eat	9%	34% A	13%
Doing heavy or intense housework	51%	66%	54%
Bollig fleavy of filecise flousework	3170	A	3170
Having safe and affordable transportation available	24%	45%	27%
		Α	
No longer being able to drive	12%	28%	15%
		Α	
Feeling depressed	37%	56%	40%
Experiencing confusion or forgetfulness	28%	A 44%	31%
Experiencing confusion or for gettuiness	20%	44% A	3170
Maintaining your home	37%	54%	40%
6/		Α	
Maintaining your yard	40%	53%	43%
		Α	
Finding productive or meaningful activities to do	29%	51%	32%
	200/	A 122/	220/
Having friends or family you can rely on	29%	49%	32%
Falling or injuring yourself in your home	22%	42%	26%
Talling of Injuring yourself in your nome	2270	A	2070
Finding affordable health insurance	40%	46%	41%
		Α	
Getting the health care you need	34%	44%	36%
	200/	A	222
Affording the medications you need	30%	45%	33%
Figuring out which medications to take and when	8%	20%	10%
riguing out which medications to take and when	070	2070 A	1070
Getting the oral health care you need	26%	50%	30%
,		Α	
Having tooth or mouth problems	33%	60%	37%
		Α	
Getting the vision care you need	24%	44%	28%
Having enough money to meet daily expenses	33%	75%	39%
Traving enough money to meet daily expenses	33 /6	7376 A	3770
Having enough money to pay your property taxes	20%	46%	24%
		Α	
Staying physically fit	51%	69%	54%
		Α	
Maintaining a healthy diet	39%	65%	43%
Having interceting an anational on a like and a set it is a set of	200/	A 600/	43%
Having interesting recreational or cultural activities to attend	39%	60% A	43%
		\sim	

	Low in		Colorado
	house		overall
Percent of respondents who reported at least a "minor" problem with the following:	No (A)	Yes (B)	(A)
Having interesting social events or activities to attend	43%	64% A	46%
Feeling bored	37%	55% A	40%
Feeling like your voice is heard in the community	55%	71% A	57%
Finding meaningful volunteer work	27%	59% A	32%
Feeling physically burdened by providing care for another person	21%	34% A	22%
Feeling emotionally burdened by providing care for another person	23%	35% A	25%
Feeling financially burdened by providing care for another person	17%	34% A	19%
Feeling overwhelmed and/or exhausted when caring for another person	25%	36% A	27%
Dealing with legal issues	29%	57% A	33%
Having adequate information or dealing with public programs such as Social Security, Medicare and Medicaid	45%	62% A	47%
Finding work in retirement	30%	55% A	33%
Building skills for paid or unpaid work	26%	46% A	29%
Not knowing what services are available to older adults in your community	58%	69% A	60%
Feeling lonely or isolated	30%	54% A	33%
Dealing with the loss of a close family member or friend	35%	52% A	37%
Being a victim of crime	12%	25% A	14%
Being a victim of fraud or a scam	17%	30% A	19%
Being physically or emotionally abused	6%	15% A	7%
Dealing with financial planning issues	35%	63% A	39%
Being treated unfairly or discriminated against because of your age	26%	42% A	28%

Table 55: Question 7

Table 33. Question 7							
	Low income	e household	Colorado overall				
	No	Yes					
Percent of respondents who spent at least I day	(A)	(B)	(A)				
As a patient in a hospital	19%	36%	21%				
		A					
In a nursing home or in-patient rehabilitation facility	2%	6%	3%				
		Α					

CASOA[™] Subgroup Comparisons

Table 56: Question 8

	-		
	Low incom	e household	Colorado overall
	No	Yes	
	(A)	(B)	(A)
Percent of respondents who had at least 1 fall in the past 12 months	31%	49%	34%
		Α	

Table 57: Question 9

	Low income household		Colorado overall
	No	Yes	
	(A)	(B)	(A)
Percent of respondents "somewhat" or "very" likely to recommend living in community	71%	66%	71%
	В		

Table 58: Question 10

		ncome ehold	Colorado overall
	No	Yes	
	(A)	(B)	(A)
Percent of respondents "somewhat" or "very" likely to remain in community throughout	78%	77%	78%
their retirement			

Table 59: Question 11

	Low income household		Colorado overall
	No	Yes	
Percent of respondents who participated in or did the following at least once:	(A)	(B)	(A)
Used a senior center in your community	20%	22%	20%
Used a recreation center in your community	38%	25%	36%
· · · ·	В		
Used a public library in your community	56%	53%	55%
Used bus, rail, subway or other public transportation instead of driving	20%	25%	20%
		Α	
Visited a neighborhood park	69%	59%	68%
· .	В		
Attended a local public meeting	36%	19%	33%
	В		
Watched (online or on television) a local public meeting	18%	18%	18%

Table 60: Question 12

	Low income household		Colorado overall
	No	Yes	
Percent of respondents who provided at least I hour of care to	(A)	(B)	(A)
One or more individuals age 60 or older	29%	33%	30%
		Α	
One or more individuals age 18 to 59	15%	21%	16%
•		Α	
One or more individuals under age 18	16%	19%	16%

Table 61: Question 13

	Low income	e household	Colorado overall
	No	Yes	
Percent of respondents who spent at least 1 hour doing the following:	(A)	(B)	(A)
Participating in a club (including book, dance, game and other social)	34% B	20%	31%
Participating in a civic group (including Elks, Kiwanis, Masons, etc.)	11% B	3%	10%
Communicating/ visiting with friends and/or family	95% B	88%	93%
Participating in religious or spiritual activities with others	48%	46%	48%
Participating in a recreation program or group activity	46% B	30%	43%
Providing help to friends or relatives	81% B	74%	79%
Volunteering your time to some group/activity in your community	40% B	24%	38%

Table 62: Ouestion 14

	Low incom	e household	Colorado overall
	No	Yes	
Percent of respondents who "always" or "usually" do each of the following:	(A)	(B)	(A)
Eat at least 5 portions of fruits and vegetables a day	40%	20%	37%
	В		
Participate in moderate or vigorous physical activity	53%	34%	50%
	В		
Receive assistance from someone almost every day	22%	40%	25%
		A	
Vote in local elections	91%	76%	88%
	В		

Table 63: Question 15

	Low in	Low income		
	house	hold	overall	
	No	Yes		
Percent of respondents who do each of the following at least monthly	(A)	(B)	(A)	
Use email, texting or video to communicate	89%	64%	85%	
	В			
Use social media (Facebook, Twitter, LinkedIn)	50%	41%	48%	
	В			
Get the news or weather	88%	73%	85%	
	В			
Shop, search for products and services	79%	52%	74%	
	В			
Research or study a topic of interest	81%	54%	76%	
	В			
Share opinions, post to a blog, review a product or service	30%	21%	28%	
	В			
Attend an online class or training	12%	6%	11%	
	В			
Work from home	24%	11%	22%	
	В			
Banking online (paying bills, investing, etc.)	66%	43%	62%	
	В			
Find info on community resources and events	50%	26%	46%	
,	В			
If you have a question, use Internet to the find the answer	80%	50%	75%	
	В			
Engage in civic activities (participate in a discussion about community and government issues;	23%	9%	21%	
research information about an issue or a candidate)	В			
Look up health and medical information	56%	41%	53%	
'	В			
Communicate with government (seek services, get a license, discuss a problem)	15%	9%	13%	
	В			
Sell goods and services online, advertise	7%	5%	7%	
	В			
Find directions or look up a map	68%	38%	63%	
·	В			

Table 64: Question 16

Table 64. Question 16			
	Low ir	ncome	Colorado
	house	ehold	overall
Percent of respondents who feel "very" or "somewhat" comfortable doing each of the	No	Yes	
following:	(A)	(B)	(A)
Using a computer laptop/desktop	93%	79%	91%
	В		
Using smartphone or tablet computer	89%	73%	86%
	В		
Accessing the Internet	95%	79%	92%
	В		
Using email	95%	79%	93%
	В		
Locating information online (bus schedules, weather, news, etc.)	91%	74%	89%
	В		
Using social networking sites (Facebook, Twitter, etc.)	75%	61%	73%
	В		

Comparisons by Respondent Gender

Table 65: Question I

	Sex	(Colorado overall
	Female Male		
Percent of respondents who rated the following as "excellent" or "good":	(A)	(B)	(A)
How do you rate your community as a place to live?	85%	83%	84%
How do you rate your community as a place to retire?	67%	65%	66%

Table 66: Question 2

			Colorado
	Se	x	overall
	Female	Male	
Percent of respondents who rated the following as "excellent" or "good":	(A)	(B)	(A)
Opportunities to volunteer	79% B	77%	78%
Employment opportunities	33%	32%	33%
Opportunities to enroll in skill-building or personal enrichment classes	55% B	50%	53%
Recreation opportunities (including games, arts and library services, etc.)	77% B	72%	75%
Fitness opportunities (including exercise classes and paths or trails, etc.)	78%	78%	78%
Opportunities to attend social events or activities	67% B	64%	65%
Opportunities to attend religious or spiritual activities	82%	80%	81%
Opportunities to attend or participate in meetings about local government or community matters	66%	65%	65%
Availability of affordable quality housing	17% B	12%	15%
Variety of housing options	23%	24%	23%
Availability of long-term care options	31%	33%	32%
Availability of daytime care options for older adults	26%	28%	27%
Availability of information about resources for older adults	42%	40%	41%
Availability of financial and legal planning services	40%	38%	39%
Availability of affordable quality physical health care	43% B	38%	41%
Availability of affordable quality mental health care	30% B	24%	28%
Availability of preventive health services (e.g., health screenings, flu shots, educational workshops)	57% B	54%	56%
Availability of affordable quality food	54%	56%	55%
Sense of community	56% B	50%	53%
Openness and acceptance of the community towards older residents of diverse backgrounds	54%	56%	54%
Ease of travel by public transportation (bus, rail, subway) in your community	31% B	25%	28%
Ease of walking in your community	61%	63% A	62%
Ease of getting to the places you usually have to visit	66%	66%	66%
Overall feeling of safety in your community	70%	69%	69%
Valuing older residents in your community	53%	51%	52%
Neighborliness of your community	53%	51%	52%
Cost of living in your community	29% B	25%	27%
Availability of services at the senior center	55%	53%	54%

CASOA[™] Subgroup Comparisons

	Sex	x	Colorado overall
	Female	Male	
Percent of respondents who rated the following as "excellent" or "good":	(A)	(B)	(A)
Quality of senior nutrition programs	46% B	40%	43%
Accessibility of long term care options that are open and accepting toward people of diverse backgrounds	27%	30%	29%
Accessibility of daytime care options that are open and accepting toward people of diverse backgrounds	26%	29%	27%

Table 67: Question 3

Tuble or. Question s			
			Colorado
	Sex	(overall
	Female	Male	
	(A)	(B)	(A)
Percent of respondents who rated the overall quality of services to older adults as "excellent" or	53%	54%	54%
"good"			

Table 68: Question 4

	Sex		Colorado overall
	Female	Male	
Percent of respondents who felt "somewhat" or "very" informed about the following	(A)	(B)	(A)
Services and activities available to older adults	61%	53%	57%
	В		
Long term care options (i.e. nursing homes, home care)	45%	34%	40%
	В		
Information on planning for the future	49%	45%	47%
	В		

Table 69: Question 5

	Sex		Colorado overall
	Female	Male	
Percent of respondents who rated the following as "excellent" or "good":	(A)	(B)	(A)
How do you rate your overall physical health?	75%	74%	74%
How do you rate your overall mental health/emotional well being?	86%	85%	86%
	В		
How do you rate your overall quality of life?	82%	83%	82%

Table 70: Question 6

			Colorado	
	Sex		overall	
	Female	Male		
Percent of respondents who reported at least a "minor" problem with the following:	(A)	(B)	(A)	
Having housing to suit your needs	24% B	19%	22%	
Your physical health	55%	59% A	57%	
Performing regular activities, including walking, eating and preparing meals	29%	31%	30%	
Having enough food to eat	14% B	12%	13%	
Doing heavy or intense housework	58% B	49%	54%	
Having safe and affordable transportation available	27%	26%	27%	
No longer being able to drive	14%	15%	15%	
Feeling depressed	45% B	34%	40%	
Experiencing confusion or forgetfulness	31%	31%	31%	
Maintaining your home	42% B	37%	40%	
Maintaining your yard	47% B	38%	43%	
Finding productive or meaningful activities to do	30%	34% A	32%	
Having friends or family you can rely on	30%	34% A	32%	
Falling or injuring yourself in your home	27% B	24%	26%	
Finding affordable health insurance	38%	43% A	41%	
Getting the health care you need	33%	38% A	36%	
Affording the medications you need	31%	34%	33%	
Figuring out which medications to take and when	9%	11% A	10%	
Getting the oral health care you need	29%	31% A	30%	
Having tooth or mouth problems	34%	40% A	37%	
Getting the vision care you need	27%	28%	28%	
Having enough money to meet daily expenses	41% B	38%	39%	
Having enough money to pay your property taxes	25% B	22%	24%	
Staying physically fit	54%	53%	54%	
Maintaining a healthy diet	43%	44%	43%	
Having interesting recreational or cultural activities to attend	41%	44%	43%	
Having interesting social events or activities to attend	42%	50% A	46%	
Feeling bored	39%	41%	40%	
Feeling like your voice is heard in the community	55%	58% A	57%	
Finding meaningful volunteer work	31%	33% A	32%	
Feeling physically burdened by providing care for another person	23%	21%	22%	
Feeling emotionally burdened by providing care for another person	27% B	23%	25%	

CASOA[™] Subgroup Comparisons

			Colorado
	Sex	x	overall
	Female	Male	
Percent of respondents who reported at least a "minor" problem with the following:	(A)	(B)	(A)
Feeling financially burdened by providing care for another person	19%	20%	19%
Feeling overwhelmed and/or exhausted when caring for another person	29% B	24%	27%
Dealing with legal issues	34%	32%	33%
Having adequate information or dealing with public programs such as Social Security, Medicare and Medicaid	47%	47%	47%
Finding work in retirement	32%	34%	33%
Building skills for paid or unpaid work	27%	30% A	29%
Not knowing what services are available to older adults in your community	56%	64% A	60%
Feeling lonely or isolated	35% B	32%	33%
Dealing with the loss of a close family member or friend	42% B	33%	37%
Being a victim of crime	11%	16% A	14%
Being a victim of fraud or a scam	16%	22% A	19%
Being physically or emotionally abused	8%	7%	7%
Dealing with financial planning issues	41% B	37%	39%
Being treated unfairly or discriminated against because of your age	28%	28%	28%

Table 71: Question 7

	Sex		Colorado overall
	Female	Male	
Percent of respondents who spent at least 1 day	(A)	(B)	(A)
As a patient in a hospital	20%	22%	21%
		Α	
In a nursing home or in-patient rehabilitation facility	3%	3%	3%

Table 72: Question 8

1 4000 121 (400000110				
	Sex	K	Colorado overall	
	Female	Male		
	(A)	(B)	(A)	
Percent of respondents who had at least 1 fall in the past 12 months	36%	33%	34%	
	В			

Table 73: Question 9

	Sex		Colorado overall
	Female	Male	
	(A)	(B)	(A)
Percent of respondents "somewhat" or "very" likely to recommend living in community	74%	68%	71%
	В		

Table 74: Question 10

			Colorado
	Sex	<	overall
	Female	Male	
	(A)	(B)	(A)
Percent of respondents "somewhat" or "very" likely to remain in community throughout their	80%	77%	78%
retirement	В		

Table 75: Question II

	Sex	(Colorado overall
	Female	Male	
Percent of respondents who participated in or did the following at least once:	(A)	(B)	(A)
Used a senior center in your community	25%	15%	20%
	В		
Used a recreation center in your community	37%	34%	36%
	В		
Used a public library in your community	57%	52%	55%
	В		
Used bus, rail, subway or other public transportation instead of driving	18%	23%	20%
		Α	
Visited a neighborhood park	68%	68%	68%
Attended a local public meeting	34%	32%	33%
Watched (online or on television) a local public meeting	19%	17%	18%

Table 76: Question 12

	Sex	(Colorado overall
	Female	Male	
Percent of respondents who provided at least I hour of care to	(A)	(B)	(A)
One or more individuals age 60 or older	32%	27%	30%
	В		
One or more individuals age 18 to 59	15%	16%	16%
One or more individuals under age 18	19%	13%	16%
	В		

Table 77: Question 13

	Sex	(Colorado overall
	Female	Male	
Percent of respondents who spent at least 1 hour doing the following:	(A)	(B)	(A)
Participating in a club (including book, dance, game and other social)	37%	25%	31%
	В		
Participating in a civic group (including Elks, Kiwanis, Masons, etc.)	10%	10%	10%
Communicating/ visiting with friends and/or family	94%	93%	93%
Participating in religious or spiritual activities with others	51%	44%	48%
	В		
Participating in a recreation program or group activity	45%	41%	43%
	В		
Providing help to friends or relatives	79%	79%	79%
Volunteering your time to some group/activity in your community	41%	35%	38%
	В		

$\mathsf{CASOA}^{\scriptscriptstyle\mathsf{TM}} \ \mathsf{Subgroup} \ \mathsf{Comparisons}$

Table 78: Question 14

	Sex	(Colorado overall
	Female	Male	
Percent of respondents who "always" or "usually" do each of the following:	(A)	(B)	(A)
Eat at least 5 portions of fruits and vegetables a day	41%	31%	37%
	В		
Participate in moderate or vigorous physical activity	47%	52%	50%
		Α	
Receive assistance from someone almost every day	26%	24%	25%
	В		
Vote in local elections	88%	89%	88%

Table 79: Question 15

			AAA
	Sex	x	overall
	Female	Male	
Percent of respondents who do each of the following at least monthly	(A)	(B)	(A)
Use email, texting or video to communicate	85%	84%	85%
Use social media (Facebook, Twitter, LinkedIn)	54%	42%	48%
	В		
Get the news or weather	85%	86%	85%
Shop, search for products and services	73%	76% A	74%
Research or study a topic of interest	74%	79% A	76%
Share opinions, post to a blog, review a product or service	30% B	27%	28%
Attend an online class or training	12% B	9%	11%
Work from home	18%	26% A	22%
Banking online (paying bills, investing, etc.)	61%	64% A	62%
Find info on community resources and events	50% B	42%	46%
If you have a question, use Internet to the find the answer	73%	77% A	75%
Engage in civic activities (participate in a discussion about community and government issues; research information about an issue or a candidate)	22% B	19%	21%
Look up health and medical information	54%	52%	53%
Communicate with government (seek services, get a license, discuss a problem)	13%	14%	13%
Sell goods and services online, advertise	6%	7% A	7%
Find directions or look up a map	60%	66% A	63%

$\mathsf{CASOA}^{\scriptscriptstyle\mathsf{TM}} \ \mathsf{Subgroup} \ \mathsf{Comparisons}$

Table 80: Question 16

	Sex	<	Colorado overall
	Female	Male	
Percent of respondents who feel "very" or "somewhat" comfortable doing each of the following:	(A)	(B)	(A)
Using a computer laptop/desktop	92%	91%	91%
Using smartphone or tablet computer	87%	85%	86%
Accessing the Internet	92%	92%	92%
Using email	93%	92%	93%
	В		
Locating information online (bus schedules, weather, news, etc.)	89%	88%	89%
Using social networking sites (Facebook, Twitter, etc.)	78%	65%	73%
	В		

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	Colorado	Overall	85%			%99		
	Reg. 14	(P)	21%			25%		
	Reg. 13	(0)	%8/	H		%89	△	
	Reg. 12	(Z)	94%	A G H	IJOP	62%		
	Reg.	(M)	87%	H	٦ ا	%9/	ΗО	۵
	Reg. 10	(L)	85%	H		%0/	△	
	Reg. 9	(K)	83%	H		%69	△	
	Reg. 8		74%			62%		
on I	Reg. 7	(J)	%0/	△		%99		
Table 81: Question	Reg. 6	(H)	%19			26%		
able 81:	Reg. 5	ල)	%//	H		%59		
Ë	Reg. 4	(F)	84%	H H		72%	△	
	Reg. 3b	(E)		AGH	IJOP	%59	△	
	Reg. 3a	(D)	82%	ΗV	٦			
	Reg. Reg. 2a 2b	(C)	83%	H		%0/	∟	
	Reg. 2a	(B)	%68	AGH	IJOP	74%	DEH	JP
	Reg.	(A)	73%	Ξ		93%		
	Percent of respondents who rated the following as	"excellent" or "good":	How do you rate your	community as a place to	live?	How do you rate your	community as a place to	retire?

Reg.		. Reg.	g. Reg.	Reg.		Reg.			Reg.	Reg.	Reg.	Reg.	Reg.	Reg.	Reg.	
-	7			QC	Reg. 4	n	Peg. o	reg. /	0		2	=	7	2	+	Colorado
€	<u>B</u>	0	<u>0</u>		(F)	9	Î	\in	9	€	<u> </u>	Σ	Ź	0	<u>B</u>	Overall
%99	%98 9		73% 75%	_	87%	54%	26%	%9/	%09	%I8	78%	85%	87%	84%	25%	77%
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			<u>_</u>	OP					_	△			LOP			

	-	Colorado	Overall	73%	63%	%18	62%	15%	22%	31%	25%
Reg.	4	Ć	<u>P</u>	47% G	36%	%99	47%	% Z <u>9</u>	4%	21%	%61
Reg.	2	(<u>O</u>	75% A G H J P	69% A G H I J	87% J P	63% GHJ P	% ¥ Z 	22% N	30% Z	27% G
Reg.	12	4	<u>Z</u>	89% A C G H I J	79% ADG HIJP	84% P	77% AFG HIJL P	4%	%8	%8	15%
Reg.	=	3	<u>(</u>	79% A G H J P	74% A G H I J P	89% CJP	70% G H J P	%6 E K N	25% N	S0% CDE GHJ KLN	37% AGH JKN P
Reg.	0	í	(L)	81% A G H J P	66% A G H J P	86% J P	%95	% Z	%91	24%	22%
Reg.	6	Ş	(K)	84% A C G H I	65% G H J	83% P	67% G H J P	%9	%57	%91	17%
Reg.	ω	(9	40% G	45%	73%	45%	% Z <u>8</u>	14%	22%	15%
1	Reg. 7	Ę	()	68% AGH JP	52%	78%	53%	33% BCD EFGJ KLM NOP	33% HJKL NP	32% N	30% G
,	Reg. 6	2	Î)	36%	43%	78%	47%	27% B D E F K N	%91	32% N	21%
Reg.	2	ĺ	3	26%	38%	80% P	48%	%Z	20%	32% N	%01
	Reg. 4	Ĺ	Œ	83% A C G H I J P	72% AGH IJP	85% P	%09	15%	36% ADE GHJ KLN OP	42% D J K L N P	33% A G J
Reg.	3b	Ĺ	(E)	88% ACD GHIJ OP	74% A D G H I J P	83% P	70% G H I J L P	%6	22% N	34% K N P	% Z C C
Reg.	3a	ĺ	<u>a</u>	80% AC GHJ	64% A G H J P	79% P	68% GHI JLP	13%	% Z	28% Z	25% G
Reg.	2p	ĺ	<u>(</u>)	70% A G H J P	64% GHJ P	%92	63% H J P	% Z Z Z Z Z	27% N P	33% Z	27% G
Reg.		Ę	(B)	85% ACG HIJ OP	72% A D G H I J P	84% J P	66% GHJ P	13%	27% JKN P	42% DJK LNO	34% AGH JKN P
Reg.	_	{	€	49% G	%15	80% P	27%	25% B D E K N	%81	35% × N	%/
Percent of respondents	who rated the	following as "excellent"	or "good":	Fitness opportunities (including exercise classes and paths or trails, etc.)	Opportunities to attend social events or activities	Opportunities to attend religious or spiritual activities	Opportunities to attend or participate in meetings about local government or community matters	Availability of affordable quality housing	Variety of housing options	Availability of long-term care options	Availability of daytime care options for older adults

	Colorado	Overall	39%	36%	% 1	27%	55%	54%	54%	54%
Reg.		(P)	22%	%91	27%	15%	44%	33%	35%	45%
Reg.		0	37% G H J	32% P	4- % [27%	49%	46%	5 <u>1</u> % P	55%
Reg.		Ź)	35% H	34% J P	38%	23%	63% GJP	62% H J O P	67% ADF GHIJ OP	66% AHJ P
Reg.		(M	47% A G H J P	43% GHJ P	45% J P	35% P	63% GJP	57% P	59% H I J P	55%
Reg.		(L)	4 8 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9	32%	39%	24%	28%	58% H P	65% AD FHI JP	26%
Reg.		(K)	35% H	35% JP	% 4	79%	53%	62% H J P	64% FH1 JP	92%
Reg.		9	%61	15%	23%	20%	43%	43%	8 8 8	43%
Reg. 7)	(1)	35% H	36% J P	37%	76%	21%	20%	38%	49%
Reg. 6)	Œ	%91	%61	30%	21%	53%	42%	8 4	48%
Reg.		(0)	%61	%61	41% 	%61	45%	52% P	20%	54%
Reg. 4)	(F)	40% G H J P	42% G H J	39%	25%	52%	53% P	45%	21%
Reg. 3b		(E)	59% ACD FGH JKL NOP	49% AGH JLOP	518 D H J	40% ACD FGH JLNP	63% A G J O P	64% ACD HIJO	60% FH1J	57% A
Reg. 3a		<u>O</u>	4 % 4 %	39% GHJ P	39% JP	27%	55%	54% H P	52% P	26%
Reg. 2b		<u>(</u>)	40% G H J	39% GHJ P	42% JP	27%	% I 9 G J P	51% P	55% I P	53%
Reg. 2a		(B)	53% ACD GHI JKN OP	49% ADG HJL NOP	52% D F H I J L N	31% P	62% A G J O P	62% A H J O P	64% ADF GHI JOP	28% A
Reg.		€	79%	29%	40% J	23%	48%	47%	47%	43%
Percent of respondents who rated the	following as "excellent"	or "good":	Availability of information about resources for older adults	Availability of financial and legal planning services	Availability of affordable quality physical health care	Availability of affordable quality mental health care	Availability of preventive health services (e.g., health screenings, flu shots, educational workshops)	Availability of affordable quality food	Sense of community	Openness and acceptance of the community towards older residents of diverse backgrounds

	Colorado	28%	63%	%19	%12	54%	54%	26%	54%	44%
Reg. 14	<u>a</u>	17%	53%	28%	8 1 1 8 1	37%	40%	29% E N	42%	41%
Reg. I3	0	%91	62%	%89]	74% F H I J P	59% I J P	53% J	27% Z	45%	32%
Reg. 12	Ź	49% ABC DFG HIJK	72% C F G I J P	87% ABC DFG HIJ	93% ACD FHIJ KLM	69% DFIJ	67% CDF HIJP	12%	56% GJ	46%
Reg.	ξ	46% ABC DFG HIJK	67%	73% C.J.P	74% F H I J P	62% FIJP	58% J P	76%	45%	51% F
Reg. 10		36% FGI JKO P	63%	75% CDI JP	78% FHI JP	58% IJP	58% JP	23%	53% G	45%
Reg. 9	হ	15%	67% LJ	76% CDI JP	78% FHI JP	55% I P	58% JP	%91	58% GJ	55% F
Reg. 8	€	%6	46%	%05	52%	39%	37%	24%	35%	36%
Reg. 7	€	15%	46%	26%	37%	35%	46%	45% B D E F J K L M N	52% G	34%
Reg. 6	Œ	25% J	29%	%89	59% I P	53% P	46%	40% B D E J K L O N	50% G	45%
Reg. 5	G	17%	53%	%19	80% F H I J P	58% I J P	54% J	8 E R Z	30%	37%
Reg. 4	٩	15%	25%	64%	55% I P	44%	44%	28% E N	51% G	29%
Reg. 3b	Œ	40% ABC DFG HIJK	71% CDF GIJP	75% CDG IJP	83% ACD FHIJ	55% IJP	61% DFJP	17%	ACD ACD FGH JLM	57% DFG IJO
Reg. 3a	9	29% FGJ KOP	62% 	63%	7 %	52% I P	51% J	27% E N	53% GJ	43%
Reg. 2b	Q	25% J	24%	28%	68% F1JP	54% I P	21%	33% E K N	59% A G J	53% F O
Reg. 2a	(8)	29% FJK OP	72% CDF GHI JP	72% CDI JP	82% ACD FHIJ	60% FIJP	62% DFH IJP	23%	65% ADG HJM OP	49% F
Reg.	3	26% J	889 G I J	67% J	69% F1J P	57% IJP	52%	36% B E K N	40%	43%
Percent of respondents who rated the	following as "excellent" or "good":	Ease of travel by public transportation (bus, rail, subway) in your community	Ease of walking in your community	Ease of getting to the places you usually have to visit	Overall feeling of safety in your community	Valuing older residents in your community	Neighborliness of your community	Cost of living in your community	Availability of services at the senior center	Quality of senior nutrition programs

			l. o	ا ا
		Colorado Overall	31%	28%
Reg.	4	(P)	24%	28%
Reg.	<u>~</u>	0	31%	27%
Reg.	12	Ź	%91	24%
Reg.		Σ	36%	37%
Reg.	<u>_</u>	(L)	38%	76%
Reg.	6	(X	26%	20%
Reg.	∞	9	25%	21%
	Reg. 7	€	32%	27%
	Reg. 6 Reg. 7	Œ	45% DJN	34%
Reg.	2	(5)	35%	21%
	Reg. 4	(F)	31%	27%
Reg.	3b	Œ	36% N	33%
Reg.	3a	Q)	25%	25%
Reg.	5b	0	28%	33%
Reg.	2 a	(B)	33%	32%
Reg.	_	€	34%	27%
Percent of respondents	who rated the	following as "excellent" or "good":	Accessibility of long term care options that are open and accepting toward people of diverse backgrounds	Accessibility of daytime care options that are open and accepting toward people of diverse backgrounds

Table 83: Ouestion 3

						IADIC	100: CC	lable os: Question s	•								
	Reg.	Reg.	Reg.	Reg.	Reg.	Reg.	Reg.	Reg.	Reg.	Reg.	Reg.	Reg.	Reg.	Reg.	Reg.	Reg.	
	_	2a	2b	3a	3b	4	2	9	7	8	6	0	=	12	13	4	Colorado
	(A)	(B)	(C)	(D)	(E)	(F)	(9)	(H)	(1)	(f)	(K)	(T)	(M)	(Z)	(0)	(P)	Overall
Percent of respondents who	46%	%59	22%	23%	%89	25%	34%	43%	45%	30%	28%	22%	26%	%95	46%	35%	53%
rated the overall quality of		ADG GJP		GJP	ADG	G P					G J P	G J P	G J P	G P			
services to older adults as		O H			O H												
"excellent" or "good"		Д.			<u></u>												

							aDie 04	able o4: Question 4	+								
Percent of respondents		Reg.	Reg.	Reg.	Reg.	Reg.	Reg.		Reg.	Reg.	Reg.	Reg.	Reg.	Reg.	Reg.	Reg.	
who felt "somewhat" or	Reg. I	2a	5b	3a	3b	4	2	Reg. 6	7	œ	6	0	=	12	<u>2</u>	4	
"very" informed about the																	Colorado
following	€	(B)	(C)	(D	(E)	(F)	(9)	(H)	()	()	(K)	(L)	(M)	2	0	(P)	Overall
Services and activities	%89	%19	22%	%95	%19	%95	40%	21%	%05	20%	28%	%89	%89	26%	24%	22%	21%
available to older adults	U	U	ט	U	U	U		U			U	U	<u>_</u>	U			
Long term care options	64%	43%	38%	35%	45%	40%	41%	%59	45%	44%	45%	46%	21%	33%	46%	46%	44%
(i.e. nursing homes, home	BCDE	Δ						BCDE				Z	ВСП		Δ	Z	
care)	FGIJK							FGIJK					Z H H				
	N O N							LNOP									
Information on planning	23%	%95	46%	45%	23%	%99	45%	47%	20%	45%	23%	45%	24%	46%	44%	41%	48%
for the future		۵۵			Δ	ОР							Δ				
		OP															

		Colorado	Overall	75%				%98				84%		
	Reg.	4	(P)	%89				85%				%I8		
	Reg.	13	(0)	%1/				83%				%6/		
		Reg. 12	(N)	%76	ACDF	GHI	MOP	94%	CFHI	OP		93%	ACDF	HOP
	Reg.	=	(M)	77%	Ξ			%68	CFI			%98	ш	
	Reg.	01	(L)	%8/	Ī			87%	ш			%88	I I	
	Reg.	6	(K)	%08	Ξ			%06	CFI			87%	Ξ	
	Reg.	8	()	72%				84%				83%		
on 5	Reg.	7	(I)	26%				77%				74%		
Questi	Reg.	9	(H)	%09				%08				%9/		
Table 85: Question 5	Reg.	2	(9)	77%	Ī			%06	CFI			84%		
Ë	Reg.	4	(F)	%89				77%				75%		
	Reg.	39	(E)	83%	ACD	H	OP	%06	CFH	_		%88	H	0
	Reg.	3a	(D)	74%	Ī				CFI			83%		
	Reg.	2b	(C)	73%	Ξ			%6/				%I8		
		Reg. 2a	(B)	84%	ACD	FHI	OP	%06	CFHI	∟		%68	DFHI	0
	Reg.	_	(A)	%0/				82%				87%		
	Percent of respondents	who rated the following as	"excellent" or "good":	How do you rate your	overall physical health?			How do you rate your	overall mental	health/emotional well	being?	How do you rate your	overall quality of life?	

			Colorado	Overall	21%		21%		29%				12%			54%			25%		13%	
	Reg.	4		(P)	72%		22%		37%	BEZ			%9 I	Z B		26%	Z W		78%	Z	%9I	ш
	Reg.	2		0	72%		62%	B B	33%	Z W			%8 I	BEF	Z	26%	Z		24%		13%	
	Reg.	12		Ź	17%		44%		%8I				3%			38%			14%		%9	
	Reg.	=		$\widetilde{\Sigma}$	%8I		21%		27%				13%			46%			25%		%01	
	Reg.	0		(L)	71%		%09	Z	73%				%8			24%	Z		72%		%9I	
	Reg.	6		(X)	%/1		%09		72%				%01			21%			72%		13%	
	,	Reg. 8		()	15%		62%	Z	32%	Z W			12%			62%	BEN		33%	Z W	14%	
ion 6	Reg.	7		()	20%		%89	Z	35%	Z W			%8I	BEN		%59	BE	Z Σ	24%		17%	
Table 86: Question 6		Reg. 6		(H	79%		62%	Z	43%	BDE	Σ	Z	15%	Z		64%	BEN		78%		21%	Z B B
Table 8	Reg.	2		(9)	%61		22%		31%				%0I			21%			27%		%6	
	Reg.	4		(F)	24%		28%		32%	ш			%6			28%	Z W		76%		15%	
	Reg.	39		(E)	%61		24%		70%				%8			45%			%8I		%/	
	Reg.	3a		<u>(</u>	73%		21%	Z	31%	Z m			%9 I	BEF	Z	24%	Z W		31%	ш Z	17%	ш Z
	Reg.	2b		(C)	24%		64%	Z B	36%	BEN			%			63%	BEZ		79%		14%	
	Reg.	2a		(B)	%8I		%15		24%				%8			48%			21%		%01	
	Reg.	_		€	%61		63%	B B	34%	Z W			12%			62%	В	Z	23%		%9I	
	Percent of respondents	who reported at least a	"minor" problem with the	following:	Having housing to suit your	needs	Your physical health		Performing regular	activities, including walking,	eating and preparing meals		Having enough food to eat			Doing heavy or intense	housework		Having safe and affordable	transportation available	No longer being able to	drive

	Colorado	Overall	38%	33%	39%	44%	33%	31%	25%	42%	37%	32%	%01	30%	37%
Reg. 14		(P)	38%	40% D	36%	47%	40% B E N	29%	<u>ж</u> Z ш	44%	50% B C D E M	36%	14%	34% B	8 8 8
Reg.		0	45%	37%	44% Z	49% Z	39% E N	4 % A B E H	22%	46%	52% BC DEI	38% B E	%	40% B E N N	42% N
Reg. 12		Ź	30%	76%	29%	33%	22%	79%	%9 I	54% BD EFI	43% B E	28%	%/	23%	26%
Reg.		(<u>W</u>	40%	32%	39%	43%	29%	34%	%61	42%	33%	28%	%/	23%	30%
Reg. IO		(L)	43%	36%	38%	45%	29%	37%	26%	45%	46% B D E	34%	13%	32%	39%
Reg. 9		(X)	34%	32%	39%	53% B E N	31%	33%	22%	51% F	45% B E	39% B	%9	26%	34%
Reg. 8		9	38%	34%	40%	46%	32%	33%	ж Е Б Б	46%	46% B D E	41% B E	12%	42% B E M N	48% ΒΕΜ
Reg.		()	48% B E N	40%	51% BEN	55% BDE N	43% BEF N	34%	32% E N	36%	35%	36%	13%	34%	47% Β Μ Ν
Reg. 6		(H)	40%	42% D N	44%	47%	38% E Z E Z	26%	35% BEG MN	48%	45% B D E	37% B	16% B	37% BE	46% Β Ω Σ
Reg. 5		(9)	33%	33%	37%	46%	38%	78%	21%	47%	38%	30%	%6	78%	34%
Reg.		(F)	43%	79%	37%	42%	28%	31%	27%	35%	42% B E	29%	%	30%	38%
Reg. 3b		(E)	34%	32%	36%	38%	26%	29%	%81	40%	29%	26%	%8	24%	35%
Reg. 3a		<u>(D</u>	40%	28%	41%	41%	33%	33%	28% B E N	40%	33%	35% B E	%01	31% B	38% Z
Reg. 2b		(C)	43%	40% D	45% N	51% BEN	44 8 D E L X X	33%	25%	43%	34%	32%	13%	34% B	35%
Reg. 2a		(B)	34%	32%	34%	39%	78%	27%	21%	38%	28%	25%	%/	23%	31%
Reg.		€	43%	42% D N	48% B N	49%	43% B E F N	76%	29%	49%	4 8 B	40% B E	%=	34%	45% B N
Percent of respondents who reported at least a	"minor" problem with the	following:	Feeling depressed	Experiencing confusion or forgetfulness	Maintaining your home	Maintaining your yard	Finding productive or meaningful activities to do	Having friends or family you can rely on	Falling or injuring yourself in your home	Finding affordable health insurance	Getting the health care you need	Affording the medications you need	Figuring out which medications to take and when	Getting the oral health care you need	Having tooth or mouth problems

	Colorado	78%	38%	24%	53%	43%	44%	47%	40%	28%	32%	23%	76%
Reg.	(P)	32% B E	43% E	73%	28% E N	46% N	59% BDE FKM N	58% B E F N	46% E N	28%	42% B E K N	28% E K	30% K
Reg.	0	37% BE N	4 E	24%	25% N	%94 Z	47% E N	51% BE	49% BEJ	26%	32%	21%	25%
Reg. 12	Ź	21%	31%	%81	34%	30%	30%	36%	27%	24%	23%	%81	22%
Reg.	Σ	26%	32%	23%	% Z	%14	41%	43%	40%	21%	32%	76%	28%
Reg.	(F)	31% E	36%	25%	%85 Z	47% N	44%	46%	39%	%95	79%	25%	28%
Reg.	(X	3 <u>1%</u> E	39%	22%	43%	35%	39%	43%	34%	28%	25%	12%	15%
Reg. 8	0	43% BDE MN	49% Β Ε Δ	35% N	54% N	% 14	52% B E N	56% BEFN	34%	62%	42% B E N	32% B E K	32% K
Reg.	€	29%	47% B E	76%	65% B E K N	54% B E K N	58% BDE FKN	58% BEF N	46% N	%02	41% B E	33% B E K N	35% F K
Reg. 6	Œ	42% BDE FM N	36%	22%	59% B E N	52% B E K N	58% BDE FKM N	56% BEF N	47% B E N	25%	34%	29% E K	27%
Reg. 5	(5)	32% B E	36%	25%	%15	%14	56% B D E N	56% BEF N	43%	%09	40% B E	28% K	78%
Reg.	(F)	29% E	35%	23%	59% B E	45%	8 1 1 8 1 1 8 1 1 8 1	39%	41%	54%	29%	20%	%61
Reg. 3b	(E)	%81	79%	23%	45%	35%	34%	39%	33%	26%	22%	17%	22%
Reg. 3a	<u>Q</u>	28% E	44% B E N	24%	23% Z	44 Х П	42% E N	47%	40% N	26%	34% B E	23%	26%
Reg. 2b	(O	29% E	40%	23%	63% B E K N	53% B E K N	49% B E N	53% BEF N	47% B E N	%29	38% B E	20%	25%
Reg. 2a	(B)	21%	31%	24%	47%	38%	36%	39%	35%	29%	25%	20%	25%
Reg.	€	32% B E	4 %	76%	65% B E K N	48% П П	56% B D E N	57% BEF N	50% B E J	25%	43% B E N N	30% E.K	33% FK
Percent of respondents who reported at least a	"minor" problem with the following:	Getting the vision care you need	Having enough money to meet daily expenses	Having enough money to pay your property taxes	Staying physically fit	Maintaining a healthy diet	Having interesting recreational or cultural activities to attend	Having interesting social events or activities to attend	Feeling bored	Feeling like your voice is heard in the community	Finding meaningful volunteer work	Feeling physically burdened by providing care for another person	Feeling emotionally burdened by providing care for another person

	Colorado	Overall	%6I	27%	33%	46%	32%	78%	%09	33%	35%	13%	%61
Reg. 14		(P)	25% K	32% K	33%	20%	37% N	34%	67% E M	36%	43% N	%91	20%
Reg.		0	%61	30%	35%	44%	35% N	31%	W 3	42% B F	36%	%=	20%
Reg. 12		Ź	%81	25%	31%	36%	%81	21%	%15	78%	24%	%9	12%
Reg. 		(M	70%	31%	26%	40%	32%	25%	47%	33%	32%	%6	14%
Reg. 10		(L)	22%	28%	25%	39%	33%	21%	%99 E M	30%	31%	14%	22%
Reg.		(K)	%01	%91	32%	46%	29%	25%	26%	36%	31%	12%	%61
Reg. 8)	(32% BCEF K	32%	37%	53%	37% N	35%	74% B D E K M N	30%	29%	26% ABC DEFG KLM	31% ABDE FMN
Reg. 7		(1)	23%	32%	32%	26% B Z	37% N	31%	67% E M	39%	42% N	% Z	22%
Reg. 6)	(H	21%	31%	42% B E L M	%15	33%	39% BEL N	68 ΒΕΖ Σ	37%	36%	%91	26% E N
Reg. 5		(G)	20%	32% K	37%	47%	34%	32%	%19	33%	29%	12%	21%
Reg.		(F)	14%	23%	31%	44%	32%	25%	63% E M	28%	39% N	<u>%</u>	%61
Reg. 3b		(E)	15%	23%	29%	43%	25%	23%	20%	31%	31%	<u>%</u>	13%
Reg. 3a		(D)	22% K	27%	36%	50% B N	35% B E N	31%	9 %09	35%	8 E	% Z 9 U	%61
Reg. 2b		(C)	17%	25%	39%	%05	39% B E N	31%	69% BEM N	38%	34%	%8	%61
Reg. 2a		(B)	%9I	27%	29%	40%	26%	22%	22%	29%	32%	<u>%</u>	%91
Reg.		€	25% K	34% K	34%	%15	38% Z	40% B E L N	63%	36%	42% N	12%	17%
Percent of respondents who reported at least a	"minor" problem with the	following:	Feeling financially burdened by providing care for another person	Feeling overwhelmed and/or exhausted when caring for another person	Dealing with legal issues	Having adequate information or dealing with public programs such as Social Security, Medicare and Medicaid	Finding work in retirement	Building skills for paid or unpaid work	Not knowing what services are available to older adults in your community	Feeling lonely or isolated	Dealing with the loss of a close family member or friend	Being a victim of crime	Being a victim of fraud or a scam

Percent of respondents	Reg.	Reg.	Reg. Reg. Reg.	Reg.	Reg.	Reg.	Reg.		Reg.		Reg.	Reg.	Reg.	Reg.	Reg.	Reg.	
who reported at least a	-	7a	5p	3a	3b	4	2	Reg. 6	7	Reg. 8	6	0	=	12	<u>~</u>	4	
"minor" problem with the																	Colorado
following:	(V	(B)	(C)	<u>(</u>	(E)	(F)	(9)	Œ	()	$\widehat{\ominus}$	(K)	(L)	(<u>M</u>)	Ź	0	(P)	Overall
Being physically or emotionally abused	%2	4%	%6	%8	2%	%9	%8	В Е Х Z	%6	%II	%6	%2	4%	4%	%8	%0I	%/
Dealing with financial planning issues	38%	32%	41%	40% B	34%	47% BEL N	35%	37%	38%	40%	40%	32%	34%	31%	37%	38%	37%
Being treated unfairly or discriminated against because of your age	76%	23%	30%	30%	76%	32%	%61	27%	30%	31%	23%	22%	27%	20%	24%	76%	76%

						_	able 8/	able 8/: Question /	lon /								
	Reg.	Reg.	Reg.	Reg.	Reg.	Reg.	Reg.	Reg.	Reg.	Reg.	Reg.	Reg.	Reg.	Reg.	Reg.	Reg.	
Percent of respondents	_	2a	2b	3a	3b	4	2	9	7	8	6	0	=	12	13	4	Colorado
who spent at least I day	€	(B)	<u>(</u>)	<u>(</u>	(E)	(F)	(<u>5</u>	Œ	(()	(X)	(L)	<u>ω</u>	<u>Z</u>	0	(P)	Overall
As a patient in a hospital	%97	%8I	%6I	73%	22%	%8I	71%	73%	72%	15%	%6I	73%	17%	%8I	70%	73%	21%
In a nursing home or in-	4%	7%	%9	4%	3%	4%	7%	7%	4%	3%	3%	3%	%	%	3%	4%	3%
patient rehabilitation facility			B														
			Z														

Table 88: Ouestion 8

						10	ole oo:	able oo: Question o	0 1								
ž	Reg. I	Reg. 2a	Reg. 2b	Reg. 3a	Reg. 3b	Reg.	Reg. 5	Reg. 6	Reg.	Reg. 8	Reg. 9	Reg.	Reg.	Reg. 12	Reg.	Reg. 14	Colorado
٥	((((((((((((((B)	<u>()</u>	<u>@</u>	(E)	(F)	<u>(</u>	Œ	(9	(X	(L)	Σ	Ź	0	(P)	Overall
Percent of respondents who 37	37%	30%	35%	34%	76%	38%	79%	37%	40%	38%	43%	36%	78%	34%	36%	38%	34%
had at least I fall in the past				ш		ш			ш		Б	ш				ш	
I2 months																	

		Overall			
	Reg. 14	(P)	28%		
	Reg. 13	0	72%		
	Reg. 12	(Z)	%59		
	Reg.	(M)	%8/	_	
	Reg. 10	(L)	%//	∟	
	Reg. 9	(K)	%/9		
	Reg. 8	(f)	%65		
n 9	Reg. 7	()	%9/		
Table 89: Question 9	Reg. 6	(H)	%0/		
ble 89:	Reg. 5	(<u>G</u>)	%69		
Ta	Reg. 4	(F)	%18		
	Reg. 3b	(E)	72%	△	
	Reg. 3a	(D	%99		
	Reg. 2b	(C)	%0/		
	Reg. 2a	(B)	%8/	DJP	
	Reg. I	(A)	75%	△	
			Percent of respondents	"somewhat" or "very" likely to	recommend living in community

						Table	90: Qu	Table 90: Question 10	0								
	Reg.	Reg. Reg. I 2a	Reg. 2b	Reg. 3a	Reg. 3b	Reg. 4	Reg. 5	Reg. 6	Reg.	Reg.	Reg. 9	Reg. 10	Reg.	Reg. 12	Reg.	Reg. 14	Colorado
	(A)	(B)	(C)	(D)	(E)	(F)	(9)	(H)	(1)	()	(K)	(L)	(M)	(Z)	(0)	(P)	Overall
Percent of respondents	%98	83% 83%	83%	73%	%9/	84%	%18	%98	%98	%/8	%/8	%98	%98	%99	%//	%//	%08
"somewhat" or "very" likely to	Z O	Z	Z			Z O			Z		Z O	Z O	Z O				
remain in community throughout																	
their retirement																	

			Colorado	Overall	22%		33%				26%				17%				
	Reg.	4		<u>@</u>	30%	_ Σ	76%				780%				%=				
	Reg.	13		0	17%		27%				%19	2 0	5		8%				
		Reg. 12		Ź	70%		22%	ABCD	EFGH	IJKLM	73%	ABCD	EFGH	=	41%	ABCD	FGHIJ	KLMO	Ъ
	Reg.	=		Ξ	14%		30%	ט			730%	<u>.</u>	ĵ		%=				
	Reg.	01		<u> </u>	71%		35%	ับ	ı		780%	9			%=				
		Reg. 9		€	73%		34%	U			%89	0 G H		•	8%				
	Reg.	8		9	%9 1		18%				440%	2			3%				
ion II	Reg.	7		€	15%		%61				21%	-			%6				
Table 91: Question 11	Reg.	9		Ī	24%		22%				48%	2			%/				
Fable 9	Reg.	2		<u>(</u>	%8I		15%				430%	2			%6				
	Reg.	4		Ē	13%		24%				57%	2			8%				
		Reg. 3b		Œ	30%	DFG	42%	ABFG	HIJO	△	78%	5	<u> </u>		34%	ABCF	GHI	ΚLΜ	OP
		Reg. 3a		<u>0</u>	21%		45%	ABFG	Ε	0	57%	9			73%	ABCF	GHI	ΚLΜ	OP
	Reg.	2p		<u>O</u>	23%		39%	ΑF	GHI	_	26%	9			%01				
	Reg.	2a		<u>(B</u>	79%	Σ	32%	ับ	•		250%)			14%				
	Reg.	_		€	71%		23%				26%	2			%8				
	Percent of respondents	who participated in or	did the following at	least once:	Used a senior center in	your community	Used a recreation	center in your	community		I lead a public library in	vour community	'		Used bus, rail, subway	or other public	transportation instead	of driving	

				۱.۵											
		Colorado	Overall	%89			35%					17%			
Reg.	4		<u>B</u>	%89	O		33%					%9I			
Reg.	13		0	72%	Η̈́	_	34%					70%			
	Reg. 12		Ź	84%	ACDF	GHIJP	21%	ABCD	EFGH	0 Μ	∟	30%	BCDE	FGH	KLMP
Reg.	=		Ξ	74%			33%					14%			
Reg.	01		<u> </u>	73%	H G	_	43%	CFI				12%			
	Reg. 9		₹	72%	GHJ		23%	ABC	DFG	Σ	OP	%9I			
Reg.	8		9	46%			33%					15%			
Reg.			\in	28%			24%					22%	I		
Reg.			Î	%95			30%					%6			
Reg.			<u>(</u>	48%			33%					12%			
Reg.	4		(F)	%19			76%					%81			
	Reg. 3b		Œ	%08	ACD	FGHI -	40%	CFI				%61	I		
	Reg. 3a		<u>0</u>	%/9	GHJ		33%					%61	I		
Reg.	2b		<u>O</u>	64%	ษิ		27%					11%			
Reg.	2a		(B)	75%	G) CDF	GH.	35%					17%			
Reg.	_		€	%99	ษิ		33%					%81			
Percent of respondents	or	did the following at	least once:	Visited a neighborhood	park		Attended a local public	meeting				Watched (online or on	television) a local public	meeting	

		Colorado	Overall	32%			%9 I		%8I		
	Reg.	14	(P)	41%	DEF	Z	%6I		71%		
	Reg.	13	0	32%			%6		15%		
	Reg.	12	\widehat{Z}	72%			%:		%6		
	Reg.	=	(M)	30%			14%		%9 I		
	Reg.	01	(L)	36%			12%		13%		
	Reg.	6	(K)	25%			%0I		14%		
	Reg.	8	(1)	36%	ш		%6I		17%		
on 12	Reg.	7	(I)	37%			14%		70%		
Table 92: Question 12	Reg.	9	(H)	41%	DEF	Z	17%		25%	Z	
able 92:	Reg.	2	(<u>G</u>)	36%	ш		13%		14%		
_	Reg.	4	(F)	25%			21%	0	12%		
	Reg.	3b	(E)	25%			%8I		70%	Z	
	Reg.	3a	(D	78%			15%		%9 I		
	Reg.	2b	(C)	33%			%61		79%	DFL	Z
	Reg. Reg.	2a	(B)	35%	ш		21% 15%		70%	Z	
	Reg.	_	(V)	41%	DE	ш	71%	0	73%	z	
	Percent of respondents who	provided at least I hour of	care to	One or more individuals age	60 or older		One or more individuals age	18 to 59	One or more individuals	under age 18	

		Colorado	Overall	32%	%01	94%	49%	41%	%08	39%
	Reg.	4	(P)	29%	12%	%06	46%	34%	%92	45%
	Reg.	13	(0)	30%	%01	94%	48%	34%	75%	44%
		Reg. 12	(N)	36%	15%	97% H	40%	66% ABCD FGHIJ KLMO	87% CFO	ABCD EFGH IJLM OP
	Reg.	=	(M)	32%	%/	94%	52%	37%	77%	34%
	Reg.	0	(L)	29%	8 В В В В В В В В В В В В В В В В В В В	93%	49%	3 %	87% C.F.	43%
	Reg.	6	(K)	27%	12%	%96	38%	8 1 8 1 8 1 8 1 8 1 8 1 1 8 1	%08	45%
	Reg.	8	()	21%	%6	95%	62% D E K N	79%	83%	38%
n 13	Reg.	7	()	25%	%01	%06	52%	27%	78%	78%
Table 93: Question 13		Reg. 6	(H)	28%	15%	%88	65% BDE FKL NOP	30%	78%	42%
Fable 93	Reg.	2	(B)	24%	%6	%36	57% E K	26%	84%	31%
	Reg.	4	(F)	30%	%=	%06	20%	4 8 0	74%	37%
	Reg.	3b	(E)	38% G1J	%8	95% H	40%	53% AGH IJLM OP	%18	45% C D G
	Reg.	3a	(D)	31%	%01	93%	46%	46% A G H I J L O P	80%	37%
	Reg.	2b	(C)	34%	%01	%56	52% E	43% G1	74%	32%
	Reg.	2a	(B)	37% GJ	%8	97% ADF HIP	49%	44% A G H I J	82%	39%
		Reg. I	(A)	78%	13%	%06	63% BDE KN OP	31%	%18	37%
	Percent of respondents	who spent at least I hour	doing the following:	Participating in a club (including book, dance, game and other social)	Participating in a civic group (including Elks, Kiwanis, Masons, etc.)	Communicating/ visiting with friends and/or family	Participating in religious or spiritual activities Question 14with others	Participating in a recreation program or group activity	Providing help to friends or relatives	Volunteering your time to some group/activity in your community

		Colorado	Overall	38%			20%				76%			%68	
	Reg.	4	(P)	30%			44%				30%			%06	
	Reg.	13	0	40%			25%				%97			%06	
		Reg. 12	Ź	46%	ADHIJ	<u> </u>	%0/	ACDF	GHIJL	МОР	%8I			%56	I
	Reg.	=	Θ	35%			46%				21%			%88	
	Reg.	01	(L)	32%			46%	Η			78%			%68	
		Reg. 9	(X)	44%	Ξ		64%	ACD	FHIJ	Σ	70%			95%	
	Reg.	8	()	31%			46%				35%	П	Z	87%	
tion 14	Reg.	7	()	79%			40%				33%			%16	
Fable 94: Question 14	Reg.	9	Œ	76%			31%				32%			84%	
Table 9	Reg.	2	(<u>B</u>)	36%			21%	Η			23%			%16	
	Reg.	4	(F)	36%			43%				76%			85%	
		Reg. 3b	(E)	48%	ACD	H Z Z L P	62%	ACD	FHIJ	ГМР	75%			%76	I
	Reg.	3a	<u>(</u>	32%			21%	Ι			25%			%88	
	Reg.	2p	<u>(</u>)	32%			45%				24%			%06	
	Reg.	2a	(B)	43%	РΡ	H H	28%	ACF	H		24%			%88	
	Reg.	_	€	30%			32%				32%	E N	Z Σ	%06	
	Percent of respondents	who "always" or "usually"	do each of the following:	Eat at least 5 portions of	fruits and vegetables a	day	Participate in moderate	or vigorous physical	activity		Receive assistance from	someone almost every	day	Vote in local elections	

	Colorado	Overall	82%					48%				82%				74%				
	Reg. 14	(P)	73%					44%				85%				%1/				
	Reg.	0	83%	ΗV				20%				85%	I			72%	∢			
	Reg. 12	<u>Z</u>	%96	ABC	DGH	IJKL	MOP	20%				93%	ACD	H 	Σ	86%	ABC	DFG	H 	ΓMO
	Reg.	Θ	%08	-				54%	CDI	JKL		82%				72%	Η			
	Reg. 10	(L)	%18	_				43%				83%				%02				
	Reg. 9	(X)	%6/					45%				%I8				75%	¥			
	Reg. 8	9	73%					41%				87%				%59				
10	Reg.	(73%					41%				87%				%89				
Table 95: Question 15	Reg.	Œ	%1/					20%				73%				%09				
95: Que	Reg. 5	<u>(5)</u>	%6/					25%				83%				73%				
Table	Reg. 4	(F)	95%	ACD	GHE	KΓΜ	OP	%95	BCD	EIJK	_	88%	CHO	Σ		%8/	ACD	HIJL	Σ	
	Reg. 3b	(E)	%06	ACD	GHI	ΚLΜ	<u> </u>	46%	_			%68	ACH	Σ		%I8	ACD	HIJL	0	
	Reg. 3a	<u>(D</u>	85%	H H	Δ			47%				82%	I			74%	ACH			
	Reg. 2b	<u>(</u>)	%18	Η	-			45%				85%	I			%99				
	Reg. 2a	(B)	%68	ACD	HJK	ΓΜΡ		48%				%06	ACD	¥ H	Σ	%08	ACD	HIJL	Σ	
	Reg.	€	72%					20%				<u>%</u> 8				%09				
	Percent of respondents who do each of the	following at least monthly	Use email, texting or video	to communicate				Use social media	(Facebook, Twitter,	LinkedIn)		Get the news or weather				Shop, search for products	and services			

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Colorado	Overall	76%	28%	%	22%	62%	22%	46%
Reg. 14	(P)	%19	32%	%8	13%	44%	13%	38%
Reg. I3	(0)	79% A C H I J	30%	%01	21%	54% J	21%	47%
Reg. 12	(N)	90% ABC DFG LMJK	33% I.K	26% ABC DEF GHIJ KLM OP	ABC DEF GHIJ KLM OP	73% ACD GHIJ KLM OP	ABC DEF GHIJ KLM OP	ABC ABC DEF GHIJ KLM OP
 - -	(M)	71%	28%	7%	23%	58% AHJ	23%	45%
Reg. 10	(L)	74% A H J	25%	%01	20%	26% Н]	20%	43%
Reg.	(K)	74% A H J	20%	%9	21%	% P P P P P P P P P P P P P P P P P P P	21%	54% C D H I J
Reg. 8	()	26%	20%	%8	15%	40%	15%	35%
Reg.	(I)	%19	22%	%9	<u>4</u> %	56% A H J	<u>*</u>	43%
Reg. 6	(H)	<u>%</u> 19	26%	%9	%8	8 1 8 1 8 1 8 1 8 1 8 1 1 8 1	<u>%8</u>	33%
Reg. 5	(<u>G</u>)	74%	25%	%8	24%	54%	24%	39%
Reg. 4	(F)	76% A C H L]	26%	A A A A A A A A A A A A A A A A A A A	21%	ACD GHIJ KLM OP	21%	51% CDH IJLM
Reg. 3b	(E)	84% A C D F H I J K L M	27%	4 Α Α Α Η Α Α Η Σ	32% ABC DFH IJKL MOP	68% ACH IJLM OP	32% ABC DFH IJKL MOP	57% ACD GHIJ LMO
Reg. 3a	(D)	78% A C H L J M	30% F1K	<u>%</u> Σ	21%	63% AHI JOP	21%	43%
Reg. 2b	(C)	%89	27%	%8	17%	59% A H J	%21	38%
Reg. 2a	(B)	82% ACF H IJ	27%	%01	25% C.I	67% ACH IJLM OP	25% C.I	55% ACD GHIJ LMP
- Reg	(A)	63%	30%	2%	%81	45%	%81	42%
Percent of respondents who do each of the	following at least monthly	Research or study a topic of interest	Share opinions, post to a blog, review a product or service	Attend an online class or training	Work from home	Banking online (paying bills, investing, etc.)	Work from home	Find info on community resources and events

						Lapl	Table 96: Question 16	iestion	9								
Percent of respondents who feel	Reg.	Reg.	Reg.	Reg.	Reg.	Reg.	Reg.	Reg.	Reg.	Reg.	Reg.	Reg.	Reg.	Reg.	Reg.	Reg.	
"very or "somewhat"	-	2a	5b	3a	3p	4	2	9	7	œ	6	0	=	12	<u>~</u>	4	
comfortable doing each of the																	Colorado
following:	€	(B)	(C)	(D	(E)	(F)	(9)	(H)	()	9	(X)	(L)	(M	<u>Z</u>	0	(P)	Overall
Using a computer	87%	93%	%88	%16	%4%	%86	%16	%98	%88	87%	93%	93%	%76	%26	%16	82%	%16
laptop/desktop		۵			Н									_			
Using smartphone or tablet	%I8	%06	83%	87%	%68	83%	%98	%08	%08	%18	87%	84%	%98	%26	85%	%9/	%98
computer		∟		<u> </u>	△									ACF			
														H]P			
Accessing the Internet	%88	%56	%88	%16	%56	94%	%16	%88	%16	%98	94%	%56	93%	%86	%16	%98	92%
		CJP			CJP	<u>~</u>						<u>~</u>		ACH			
														<u>ا</u>			
Using email	%68	%56	%16	93%	%96	93%	94%	%98	%68	%98	95%	%76	94%	%26	%16	83%	92%
		H	<u>~</u>	<u> </u>	H	<u>~</u>	_					<u>~</u>	<u>_</u>	Η			
Locating information online (bus	%68	%76	%I8	%68	93%	87%	%76	85%	83%	%08	%16	%16	%16	%26	%68	%6/	%68
schedules, weather, news, etc.)		CHJ		O P	OHJ		C J P				<u>~</u>	O P	<u>~</u>	CHIJ	<u> </u>		
Using social networking sites	75%	%//	%89	72%	%92	%69	%//	%//	%89	%1/	%62	%1/	%8/	%9/	72%	64%	73%
(racebook, I witter, etc.)																	